

**RESEARCH REVIEW APPLICATION  
INSTITUTIONAL REVIEW BOARD**

Federal policies require that each project involving studies on humans be reviewed with respect to:  
1. The rights and welfare of the individual(s); 2. The appropriateness of the methods used to secure informed consent and; 3. The risk and potential benefits of the investigation to the subject.

The following information is necessary for this review. If an item is not applicable, indicate by "NA".  
**Please type and use additional pages only as necessary.**

**STUDY INFORMATION**

Investigator/Project Director: \_\_\_\_\_ Phone: \_\_\_\_\_

Department: \_\_\_\_\_

Mailing Address: \_\_\_\_\_  
\_\_\_\_\_

Co-Investigator(s):

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Project Title: \_\_\_\_\_

Dates of Project: \_\_\_\_\_ to \_\_\_\_\_

**FUNDING**

Will this project be funded through outside sources or granting agencies? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please list:

Investigational New Drug Permit (IND #) or Investigational Device Exemption (IDE #): \_\_\_\_\_

Humanitarian Use Device (HUD #) or Humanitarian Device Exemption (HDE #): \_\_\_\_\_

**SUBJECT POPULATION**

	<b>ADULT</b>		<b>PEDIATRIC</b>	
Number	Male: _____	Female: _____	Male: _____	Female: _____
Type	Normal: _____	Clinical: _____	Normal: _____	Clinical: _____
Age Range	_____ to _____		_____ to _____	

If the study includes the use of clinical patients, will approval be obtained from the attending physician? Yes \_\_\_\_\_ No \_\_\_\_\_ N/A \_\_\_\_\_ If so, how?

Aspects of this study involving the use of human subjects will be conducted in:  
Hospital: Yes \_\_\_\_\_ No \_\_\_\_\_ Physician's Office: Yes \_\_\_\_\_ No \_\_\_\_\_ Other: \_\_\_\_\_

Indicate how subjects are initially chosen (e.g. records, classes, referral, etc) and/or contacted (telephone, ads, letter, etc) and any applicable or required characteristics. Be specific:

What are the inclusion and exclusion criteria for subject selection?

Will subjects receive inducements, reimbursements or rewards before, during or after the study?  
Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, explain:

Will the subjects or third-party payors be charged for any research-related procedure? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, explain including amount or estimate:

For evaluation of your project, please check which of the following are involved:

- |  |  |
|--|--|
| <input type="checkbox"/> Patients are experimental subjects        | <input type="checkbox"/> Non-patient volunteers                        |
| <input type="checkbox"/> Patients are control subjects             | <input type="checkbox"/> Pregnant subjects                             |
| <input type="checkbox"/> Experimental drugs                        | <input type="checkbox"/> Minor subjects (less than 18 years old)       |
| <input type="checkbox"/> Approved drugs for "non-FDA approved" use | <input type="checkbox"/> Subjects whose major language is not English  |
| <input type="checkbox"/> Placebos                                  | <input type="checkbox"/> Fetal Tissue                                  |
| <input type="checkbox"/> Experimental devices                      | <input type="checkbox"/> Surgical Pathology Tissue                     |
| <input type="checkbox"/> Questionnaires                            | <input type="checkbox"/> Placental Tissue                              |
| <input type="checkbox"/> Data banks, archives, medical records     | <input type="checkbox"/> Filming, video or voice recording of subjects |
| <input type="checkbox"/> Ionizing Radiation                        | <input type="checkbox"/> Subjects who have Developmental Disabilities  |

## **ABSTRACT**

Summarize study/project. Clearly state the hypothesis or research question of the study or program in which human subjects will be used. Specify what will be done to or for the subjects or participants.

Do not refer to “See Protocol” for abstract.

**Include a full/complete copy of protocol/research plan with application.**

## RISK DETERMINATION

Does the research planned in this study involve:

- Possible invasion of privacy of subject or family, including use of personal information or records? Yes \_\_\_\_\_ No \_\_\_\_\_
- The use of drugs? Explain: Yes \_\_\_\_\_ No \_\_\_\_\_
  
- The administration of physical stimuli other than auditory and visual stimuli associated with normal classroom situations? Yes \_\_\_\_\_ No \_\_\_\_\_
- Deprivation of physiological requirements such as nutrition or sleep? Yes \_\_\_\_\_ No \_\_\_\_\_
- Deception as part of the experimental procedure? If the study involves the use of deception, the protocol must include a description of this fact and “debriefing procedure” which will be used upon completion of the study. Yes \_\_\_\_\_ No \_\_\_\_\_
- Any probing for information which an individual might consider to be personal or sensitive, including illegal activities? Yes \_\_\_\_\_ No \_\_\_\_\_
- The presentation to the subject of any materials which they might find offensive, threatening or degrading? Yes \_\_\_\_\_ No \_\_\_\_\_
- The requirement of physical exertion beyond activities of daily living? Yes \_\_\_\_\_ No \_\_\_\_\_
- The use of isotopes? If radioisotopes are used, this application must be accompanied by approval in writing from the Radiation Safety Committee. Yes \_\_\_\_\_ No \_\_\_\_\_

What other risks may subjects in this study be exposed to? Explain:

What precautions have been taken to minimize any risks indicated above?

What are the potential benefits to subjects for participating in this study?

## CONFIDENTIALITY OF DATA

Will any data from this study be made a part of a permanent record (identifiable to the subject) that will be made available to a physician, employer, supervisor, student, FDA, etc?

Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, explain:

What steps will be taken to ensure the confidentiality of data obtained in this study?

## INFORMED CONSENT REQUIRED CRITERIA

Does the informed consent include: (If No, explain)

- A statement that the study involves research, and explanation of the purposes of the research and the expected duration of the subject's participation, a description of the procedures to be followed, and identification of any procedures which are experimental? Yes \_\_\_\_\_ No \_\_\_\_\_
- A description of any reasonably foreseeable risks or discomforts to the subject? Yes \_\_\_\_\_ No \_\_\_\_\_
- A description of any benefits to the subject or to others which may reasonably be expected from the research? Yes \_\_\_\_\_ No \_\_\_\_\_
- A disclosure of appropriate procedures or courses of treatment, if any, that might be advantageous to the subject? Yes \_\_\_\_\_ No \_\_\_\_\_
- A statement describing the extent, if any, to which confidentiality of records identifying the subject will be maintained? Yes \_\_\_\_\_ No \_\_\_\_\_
- For research involving more than minimal risk, an explanation as to whether any compensation, and an explanation as to whether any medical treatments are available if injury occurs and, if so, what they consist of, or where further information may be obtained? Yes \_\_\_\_\_ No \_\_\_\_\_
- An explanation of whom to contact for answers to pertinent questions about the research Yes \_\_\_\_\_ No \_\_\_\_\_
- An explanation of whom to contact for answers to questions about research subject's rights Yes \_\_\_\_\_ No \_\_\_\_\_
- An explanation of whom to contact in the event of research-related injury to the subject? Yes \_\_\_\_\_ No \_\_\_\_\_
- IRB Explanation at first mention: "...a group of individuals designated by the hospital under federal law to approve research studies. The North Memorial IRB monitors research related rights and safety of study subjects at North Memorial Medical Center." Yes \_\_\_\_\_ No \_\_\_\_\_
- A reference in the informed consent document to any requirements to provide or sign a HIPAA authorization when the HIPAA document is a separate item required for study participation. Yes \_\_\_\_\_ No \_\_\_\_\_
- A statement that participation is voluntary, refusal to participate will involve no penalty or loss of benefits to which the subject is otherwise entitled, and that the subject may discontinue participation at any time without penalty or loss of benefits to which the subject is otherwise entitled? Yes \_\_\_\_\_ No \_\_\_\_\_
- Anticipated circumstances under which the subject's participation may be terminated by the Investigator without regard to the subject's consent. Yes \_\_\_\_\_ No \_\_\_\_\_
- Federal required statement: 'A description of this clinical trial will be available on <http://www.ClinicalTrials.gov>, as required by US Law. This web site will not include information that can identify you. At most, the web site will include a summary of the results. You can search this web site at any time.' Yes \_\_\_\_\_ No \_\_\_\_\_
- Signatures: · of those giving and obtaining consent · of any interpreters involved in the informed consent process · a relationship indication when the person consenting is not the study subject · the date and time of each signature being provided Yes \_\_\_\_\_ No \_\_\_\_\_

**Include a sample copy of the Informed Consent Form with application.**

## **INFORMED CONSENT ADDITIONAL ELEMENTS**

When appropriate based on subject risk, one or more of the following elements of information shall also be provided to each subject.

- A statement that the particular treatment or procedure may involve risks to the subject (or the embryo or fetus, if the subject is or may become pregnant) which are currently unforeseeable.
- Anticipated circumstances under which the subject's participation may be terminated by the Investigator without regard to the subject's consent.
- Any additional costs to the subject that may result from participation in the research.
- The consequences of a subject's decision to withdraw from the research and procedures for orderly termination of participation by the subject.
- A statement that significant new findings developed during the course of the research which may relate to the subject's willingness to continue participation will be provided to the subject.
- The appropriate number of subjects involved in the study.
- The informed consent requirements in these regulations are not intended to preempt any applicable Federal, State, or local laws which require additional information to be disclosed for informed consent to be legally effective.
- Nothing in these regulations is intended to limit the authority of a physician to provide emergency medical care to the extent the physician is permitted to do so under applicable Federal, State, or local law.

## **MINNESOTA STATUTES**

In compliance with MN Statute 144.651 (Patient's Bill of Rights, Subdivision 10) I certify that I will obtain written, informed consent prior to a patient's participation in experimental research. I will respect the patient's right to refuse participation. I certify that, in compliance with this statute, I shall document both consent and refusal in the individual patient chart. This may be done either by placing a signed copy of the consent document into the chart or by placing a note in the chart which includes the:

- Title of Study,
- Date of Invitation to Participate,
- Name of Investigator Seeking Consent,
- Consent/Refusal of Patient,
- And, Signature.

## **VERIFICATION and APPROVAL of APPLICATION**

I certify that the information furnished concerning the procedures to be taken for the protections of human subjects is correct. I will seek to obtain prior approval for any substantive modifications in the proposal and will report promptly any unexpected or otherwise significant adverse effects in the course of the study. I will conduct this study/project in conformance with Federal and IRB Oversight requirements.

\_\_\_\_\_  
Signature of Principal Investigator

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Authorized Individual Granting Approval

\_\_\_\_\_  
Date/Time



3300 Oakdale Avenue North • Robbinsdale, MN 55422-2900

# Institutional Review Board NEW STUDY Fee Statement

## Invoice Date:

North Memorial Health  
IRB Office  
Robbinsdale Medical Building  
3300 Oakdale Avenue North  
Robbinsdale, MN 55422-2900

Phone: 763.581.0970

Fax: 763.581.0994

Project Title: \_\_\_\_\_

Principal Investigator: \_\_\_\_\_

Sponsor: \_\_\_\_\_

Make check payable to North Memorial  
Institutional Review Board.

Thank you.

I am requesting fees be waived for this study.

Indicate reason for request: \_\_\_\_\_

Description:	Charges:	Credit:	Balance Due:
Initial Application	\$1000.00		\$1000.00

Office Use Only:  
Application

Please Remit With

Received Date: \_\_\_\_\_

Check Number: \_\_\_\_\_

Amount: \$ \_\_\_\_\_

Retain a Copy for Your Records

## ATTACHMENT A: DEFINITIONS

### Risks

The purpose of this section is to determine whether the human subjects involved in the proposed research project will be placed at risk. Definition follows:

#### Risk

Risk is the exposure of an individual to the possibility of injury as a direct or indirect consequence of participation in a scientific investigation. The examples which follow are intended to be representative but not exhaustive.

#### Physical

- Removal of organs or tissues for biopsy, transplantation or banking
- Administration of drugs or radiation
- Use of indwelling catheters or electrodes
- Requirement of, or potentiality for, strenuous physical exertion
- Ingestion or injection of a foreign substance into the body
- Undue stress or strong aversive stimulation on the body

#### Psychological

- Subjection to deceit or withholding of information
- Public exposure
- Humiliation
- Significant degree of discomfort
- Invasion of privacy
- Coercion
- Psychological damage

#### Social

- Loss of personal reputation or professional status
- Defamation of character
- Personal degradation in the eyes of others
- Placement in legal jeopardy
- Revelation of information related to sensitive social issues

#### Educational

- Over-use of subjects
- Participation in investigations which are not compatible with the educational goals of the institution or of the specific course from which subjects are drawn
- Collection of data which will serve to classify students

**“Minimal risk”** refers to investigative situations which may cause temporary and limited discomfort, irritation, or inconvenience. Examples are usually long contacts with the investigator; pursuit of potential embarrassing questions; prolonged boredom; venipuncture to obtain less than 40 ml of blood; collection of urine specimens.

**“No risk”** refers to investigations in which the subject is not, and cannot be, placed in jeopardy of any kind. Examples are discarded human materials obtained during surgery or in the course of diagnosis and treatment; non-intervening observation of anonymous public behavior when the behavior has not been filed, taped, photographed or permanently recorded; secondary use of data from anonymous individuals; and use of publicly available data whether or not individuals are identified.



## **ATTACHMENT B: CONSENT FORM RECOMMENDATIONS**

The North Memorial IRB operates under Federal regulation and follows guidelines known as Good Clinical Practice established by the International Conference on Harmonization when reviewing research studies under its purview. We place great emphasis on the subjects' potential understanding of the consent form to be signed. To that end, we present a list of the minor grammatical and stylistic details which have frequently caused revision and delay in final approval of projects in the past. Also included is some of the reasoning behind our requirements. We strive to have the consent form be readable at an eighth-grade level.

- Avoid parenthesis. They interrupt the subject's reading flow of difficult material. Simply explain something the first time it is used.
- Avoid abbreviations except for common ones: e.g., ECG. Explain any such repeated abbreviation the first time it is used. Trying to save a few typed words in a long document only makes it harder for subjects to understand what is being presented.
- Be sure to modify the consent form with local names and phone numbers. When a consent form is presented with such statements as {Insert local names} or (Insert Name Here), it suggests a superficial and incomplete approach to the consent form, and—by extension—the rest of the project.

## ATTACHMENT C: CHECKLIST

Please use the following checklist of items to ensure all the information is complete or has been addressed prior to submission to the Institutional Review Board.

- The application states the research question (hypothesis) of the study Yes \_\_\_\_\_ No \_\_\_\_\_
- The application describes the subject population Yes \_\_\_\_\_ No \_\_\_\_\_
- Does the application summarize the tasks which the subject will be asked to complete? Yes \_\_\_\_\_ No \_\_\_\_\_
- Are the subjects placed at risk?
- Have you thoroughly described the risks in the application? Yes \_\_\_\_\_ No \_\_\_\_\_
  - Have you made every possible provision for minimizing the risk? Yes \_\_\_\_\_ No \_\_\_\_\_
  - Does the scientific merit of the study warrant placing subjects at risk? Yes \_\_\_\_\_ No \_\_\_\_\_
- Have you described the procedures employed to preserve confidentiality? Yes \_\_\_\_\_ No \_\_\_\_\_
- Have provisions been made to obtain consent from all individuals related to the study (e.g., subjects, physicians, parents, employers, etc.)? Yes \_\_\_\_\_ No \_\_\_\_\_
- Do the consent forms contain all the required elements of informed consent? Yes \_\_\_\_\_ No \_\_\_\_\_
- Have you described the procedures used to obtain informed consent? Yes \_\_\_\_\_ No \_\_\_\_\_
- Have all the questions in the application form been answered? Yes \_\_\_\_\_ No \_\_\_\_\_
- Have you attached copies of all the necessary instruments (questionnaires, tests, interview questions, solicitations, letters, research protocol, etc.)? Yes \_\_\_\_\_ No \_\_\_\_\_
- Has the application form been signed by the principal investigator? Yes \_\_\_\_\_ No \_\_\_\_\_
- Did you include the fee statement and payment or a request to have the fees waived? **\*\* NOTE \*\*** *Application processing will not begin until after payment (or waiver request) is received.* Yes \_\_\_\_\_ No \_\_\_\_\_
- For studies involving a drug, have you contacted Pharmacy? Yes \_\_\_\_\_ No \_\_\_\_\_
- For device studies, have you contacted Surgery? Yes \_\_\_\_\_ No \_\_\_\_\_
- If your study requires an Order Set, have you contacted Quality at 763-581-4655? Yes \_\_\_\_\_ No \_\_\_\_\_
- For studies involving radiology, have you contacted Radiology? Yes \_\_\_\_\_ No \_\_\_\_\_
- If your study will require labs, have you contacted North Memorial Lab? Yes \_\_\_\_\_ No \_\_\_\_\_

### RETURN MATERIALS TO:

**Institutional Review Board  
3300 Oakdale North  
Robbinsdale, MN 55422  
763-581-0970**

You may also e-mail your application, Informed Consent and Protocol to: [IRB@northmemorial.com](mailto:IRB@northmemorial.com)