

Guide to Services 2018

# It's time for healthier healthcare.

At North Memorial Health, we're on a mission to change healthcare. We're delivering unmatched customer service and empowering our customers throughout the Twin Cities to achieve their best health. We provide access to high-quality, low-cost care throughout the Twin Cities through our:

- 2 hospitals
- Level I Adult Trauma Center
- Level II Pediatric Trauma Center
- 13 primary care clinics
- 3 urgent care clinics
- 2 Urgency Centers
- Home and community outreach services
- 100+ specialty care services
- 126 ambulances and 18 bases serving Minnesota and Wisconsin
- 9 helicopters and 7 bases
- 350+ providers
- 6,000+ team members

### **How to Refer a Customer**

#### **North Memorial Health Hospital**

North Memorial Health Hospital One Call: 1-800-230-2413

Use North Memorial Health Hospital One Call for all emergent and trauma referrals, direct admit and provider-to-provider consult needs.

We will be happy to arrange transportation for your customer when necessary.

#### **Maple Grove Hospital**

For all emergent and non-emergent direct admissions call: **(763) 581-1036** 

#### **Medical Transportation**

**Air Care Dispatch: 1-800-247-0229** Flight transportation (available 24/7)

Ambulance transportation: 1-800-667-8421 or (763) 581-2897 Ambulance transport or transfers

Wheelchair van transportation: (763) 581-2897 (Twin Cities)

#### **North Memorial Health Physician Information**

Looking for a specific physician on the North Memorial Health medical staff? Go to **northmemorial.com** to use our "Find a Doctor" search tool.

## Our commitment to you.



North Memorial Health offers a complete spectrum of primary and specialty care services to meet your customer's unique healthcare needs. From simple, same-day procedures to the most complex conditions, we connect you with the region's finest specialists and work in collaborative partnership to help your customers achieve their best health.

### What makes North Memorial Health better:

- Level I Adult Trauma Center
- Comprehensive Stroke Program
- Intensive Aphasia Program
- Level II Pediatric Trauma Center
- Two Level III NICUs
- Two Joint Replacement Centers

- Heart & Vascular Center
- Cancer Center
- Bariatric & Metabolic Weight Loss Program
- Oral & Maxillofacial Surgery
- Mental Health Services
- World-class Birthing Center

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### Air Care

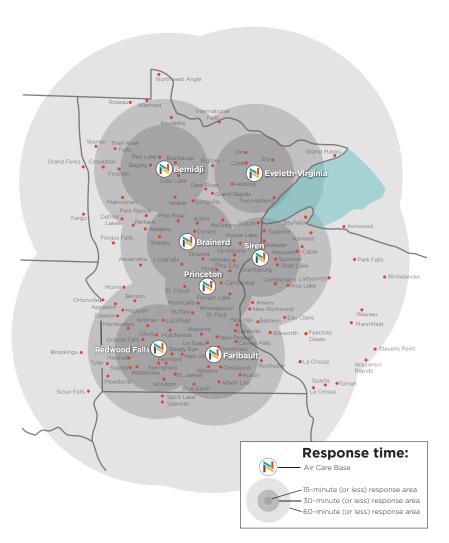
North Memorial Health delivers remarkable medical care on the ground and in the air. North Memorial Health Air Care often responds directly to the scene of an emergency, providing helicopter transport for customers to the closest appropriate medical care facility. We can respond 24/7 to medical flight transportation service calls throughout Minnesota, areas of Wisconsin, Iowa and the Dakotas.

#### **Services**

- 24/7 medical flight transportation from base locations in Bemidji, Brainerd, Eveleth-Virginia, Faribault, Princeton, Redwood Falls and Siren, Wisconsin
- Accredited by the National Accreditation Alliance Medical Transport Applications (NAAMTA)
- Advanced training opportunities for emergency care volunteers and professionals
- North Memorial Health Air Care owns and operates eight Agusta 109 helicopters, the fastest civilian helicopter on the market, which can reach speeds of 180 mph
- Specially-trained crew to provide the highest level of care for adult and pediatric customers
- Staffed by experienced, high-performance teams of nurses and paramedics who have years of critical care experience in high-volume intensive care units, emergency departments and ambulance services

#### **Air Base Locations**

- Bemidji, MN
- · Brainerd, MN
- Eveleth-Virginia, MN
- Faribault, MN
- · Princeton, MN
- · Redwood Falls, MN
- Siren, WI



#### Contact us:

To request Air Care medical transportation, call **1-800-247-0229**.

### Allergy & Immunology

North Memorial Health specializes in the testing, diagnosing and treating of the following allergic diseases and conditions:

- Allergic Rhinitis (hay fever, both seasonal and perennial)
- Asthma
- Chest congestion and wheezing
- Food allergies
- Headaches and migraines
- Hives and other skin allergies
- Latex allergy
- Sinusitis
- Stinging insect allergy and reactions
- Other allergic and immunologic conditions

#### Services

- Anaphylaxis evaluation and treatment
- Asthma evaluation and treatment
- Contact dermatitis testing and treatment
- Drug allergy and sensitization testing (local anesthetics and some vaccines)
- Education (disease, medications, monitoring)
- Environmental control instructions
- Eye allergy and conjunctivitis diagnosis and treatment
- Food allergy diagnosis and treatment
- Food challenges to confirm diagnosis and determine tolerance
- Hay fever diagnosis and treatment
- Headache evaluation and treatment
- Immunodeficiency evaluation and referral
- Immunotherapy (allergy shots)
- · Insect allergy testing and treatment
- · Laboratory tests for allergy diagnosis when indicated

- · Latex allergy diagnosis and treatment
- Management of chronic or recurrent conditions where allergy is not always identified
- Nasal allergy diagnosis and treatment
- Pulmonary function and exercise testing
- · Skin allergy diagnosis and treatment
- Skin testing for environmental and food allergies
- Smoking cessation
- Urticaria (hives) evaluation and treatment
- Venom (bee sting) immunotherapy

#### Locations

Allergy & Asthma Care, P.A. - Blaine

11855 Ulysses Street NE Blaine, MN 55434 (763) 420-1010

Allergy & Asthma Care, P.A. - Maple Grove\*

12000 Elm Creek Blvd., Ste. 360 Maple Grove, MN 55369 (763) 420-1010

Midwest Immunology Clinic, P.A.

15700 37th Ave. N, Ste. 110 Plymouth, MN 55446 (763) 278-0039

<sup>\*</sup>includes pediatric services

### **Ambulance Services**

North Memorial Health Ambulance Services is licensed to provide every level of care from wheelchair to helicopter service.

In outstate regions, paramedics receive specialized critical transport training to allow them to handle many customers with complex medical conditions. This includes administering blood products, using ventilators and other technology to monitor and control oxygenation, and administration of medications.

#### **Services**

- 126 ambulances and 780 trained EMTs, paramedics, nurses and related support personnel who transport an average number of 85,000 customers annually
- Award-winning dispatch communication center
- EMS education
- IT support and administration
- Quality assurance
- Vehicle maintenance

#### Locations

North Memorial Health Ambulance Services has nine ambulance regions across Minnesota and western Wisconsin. Our service areas contain urban, rural and super rural communities.

- · Brainerd, MN
  - Aitkin
  - Longville
- Douglas County (Alexandria), MN
- Faribault, MN
  - New Prague
  - Waseca
- Forest Lake, MN
- Marshall, MN
  - Redwood Falls
- Park Rapids, MN
  - Walker
- · Princeton, MN
  - Milaca
  - Zimmermen
- Twin Cities, MN
- Burnett/Washburn County, WI

#### Contact us:

To schedule ambulance transportation, transfers and wheelchair vans, call **(763) 581-2897** (Twin Cities) or **1-800-667-8421**.

### **Balance Clinic**

The North Memorial Health Balance Clinic offers comprehensive assessments to test balance, mobility, positional dizziness and oculomotor control. Assessments may include a recommendation to see one of the North Memorial Health specialty clinics, the Comprehensive Stroke Program or rehabilitation therapy.

#### **Conditions Treated**

- Dizziness
- Fall at home or in the community
- Fear of falling
- Imbalance and instability
- Vertigo

#### **Services**

- Balance retraining
- Benign paroxysmal positional vertigo (BPPV) treatment
- Computerized Dynamic Posturography (CDP)
- Equipment assessment
- Strengthening and conditioning
- Vestibular Rehabilitation Treatment (VRT)

#### Location

**North Memorial Health Balance Clinic** 

Arbor Lakes Medical Building 12000 Elm Creek Blvd., Ste. 210 Maple Grove, MN 55369

(763) 581-9100

# Bariatric & Metabolic Weight Loss

North Memorial Health offers an integrated metabolic and bariatric surgery program to provide comprehensive care, management and planning for surgical weight loss for qualified customers. Since its inception in 2013, customers in our fully accredited program have:

 Lost an average of 72 pounds, with over 62 percent of diabetes customers in total remission at 12 months.

#### In addition, since 2015:

- Almost 84 percent of those suffering from hypertension have been able to reduce medication, with over 56 percent in total remission.
- Over 90 percent of customers with diabetes have been able to reduce medication.

#### **Services**

- Behavioral health
- Community Paramedic Program home visits
- Fitness classes
- · Health and wellness education
- Laparoscopic gastric bypass
- Laparoscopic sleeve gastrectomy
- Nutrition counseling
- Outpatient consultation
- Robotic Roux-en-Y gastric bypass
- Robotic sleeve gastrectomy

#### Locations

North Memorial Health Multispecialty Clinic - Robbinsdale

3366 Oakdale Ave. N, Ste. 200 Robbinsdale, MN 55422 (763) 581-5355

**Specialists in General Surgery - Maple Grove** 

9825 Hospital Drive, Ste. 105 Maple Grove, MN 55360 (**763**) **780-6699** 

North Memorial Health also offers a medical weight loss program at our North Memorial Health Clinic locations in Fridley and Blaine. See **page 64** for more detail.



North Memorial Health Bariatric & Metabolic Surgical Weight Loss Clinic has been named as a fully accredited Low Acuity Center under the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program (MBSAQIP).

### **Breast Health**

North Memorial Health offers customers the full range of breast health services. For screening mammograms, we offer the convenience of walk-in and appointment options, including evening appointments, at multiple locations throughout the metro.

The North Memorial Health Breast Center and Breast Center of Maple Grove combine an integrated team approach to screening, education, treatment and research with a spa-like environment, complete with warmed terry robes, calming music and aromatherapy.

Our Breast Centers offer the latest technology for both screening and diagnostic testing and personally contact customers within 24 hours if their screening indicates a potential problem.

#### **Services**

- Breast MRI
- Certified nurse navigators
- Clinical nurse specialists
- Computer-aided detection (CAD)
- Digital mammography
- Genetic counseling
- High-resolution breast ultrasound
- Image guided breast biopsy
- Lymphedema consultation
- Nutritional counseling
- Occupational and physical therapy
- Plastic surgery
- Radiation oncology
- Social services
- Support groups
- Surgeon consultations
- Surgery

Accreditations:

MQSA

ACR

BICOE (Breast Center - Robbinsdale only)

All sites support the Sage Program in partnership with the Minnesota Department of Health.

#### Locations

(763) 581-3554

North Memorial Health Breast Center - Robbinsdale

Robbinsdale Medical Building 3366 Oakdale Ave. N, Ste. LL Robbinsdale, MN 55422

The Breast Center of Maple Grove

9855 Hospital Drive, Ste. 150 Maple Grove, MN 55369 (763) 398-4400

For a list of mammogram screening locations, see pages 25-26.

#### **Mammography Sage Program**

For women who meet financial eligibility, Sage offers free breast and cervical cancer screening which includes an office visit, mammogram and Pap test. Customers may choose to receive these Sage-covered services at any North Memorial Health Clinic.

To schedule an appointment, call (763) 581-CARE.

Contact the Sage Program at **1-888-643-2584** to inquire about eligibility.

### Dermatology

North Memorial Health provides evidence-based dermatology care using a team-based approach that tightly integrates with each customer's primary care team.

Treatment and consultation are led by board-certified, Mayo Clinic-trained dermatologists Dr. Neil Shah and Dr. Craig Roelke of Clarus Dermatology.

#### **Services**

- Comprehensive skin surgery ranging from removal of benign skin growths to Mohs surgery and reconstruction for skin cancer
- Diagnosis and treatment of all diseases of the skin, hair, nails and mucous membranes in customers of all ages

#### Locations

Clarus Dermatology - Golden Valley\* 8301 Golden Valley Road Golden Valley, MN 55427

Clarus Dermatology - Minnetonka\* 15450 Highway 7, Ste. 225 Minnetonka, MN 55345

Clarus Dermatology - New Hope\* 8100 42nd Ave. N New Hope, MN 55428

North Memorial Health Dermatology\*
Maple Grove Medical Center
9825 Hospital Way, Ste. 10
Maple Grove, MN 55369

\*includes pediatric services

#### Care Team:

northmemorial.com/specialty/dermatology

#### Contact us:

For additional information or to schedule an appointment, call **(763) 581-3376**.

### Diabetes Care & Endocrinology

North Memorial Health helps manage chronic conditions through resources such as diabetes education, group classes and seamless referrals to endocrinologists when necessary.

For customers with diabetes who require specialized care, North Memorial Health Endocrinology will collaborate with primary care providers and assist with expert, one-on-one guidance and treatment for each specific case.

North Memorial Health Endocrinology also assists customers with other diseases affecting the endocrine system, including pituitary and adrenal gland disorders, thyroid disorders and polycystic ovarian syndrome.

#### **Conditions Treated**

- Adrenal disorders
- Gestational diabetes
- Hyperthyroidism and hypothyroidism
- Osteoporosis
- Pituitary disorders
- Polycystic ovarian syndrome resulting in obesity metabolic syndrome
- Thyroid cancer
- Type 1 diabetes and latent autoimmune diabetes of adulthood
- Type 2 diabetes
- Weight management issues

#### **Services**

- · Blood glucose monitoring
- Continuous glucose monitoring placement and interpretation
- Diabetes education
- Diabetes medication management
- Diabetic wound care
- · Insulin pump management
- Pregnancy with diabetes one-on-one counseling appointments
- Type 1 and type 2 diabetes one-on-one counseling appointments

#### **Additional Resources**

**Pre-diabetes group classes** - Provides instruction on lifestyle changes that can prevent or delay the onset of diabetes.

**Adult diabetes care support group** - A topic related to diabetes is presented and discussed.

For the current schedule of pre-diabetes classes and support groups, visit **northmemorial.com/specialty/diabetes-endocrinology** or call **(763) 581-5567**.

## Diabetes Care & Endocrinology (continued)

#### **Locations**

#### **Diabetes Education Services**

Available at most North Memorial Health Clinics\* (see page 65 for clinic locations)
(763) 581-5850

\*Available by referral. Hours vary by location.

#### Diabetic Wound Care

North Memorial Health Clinic - Maple Grove 9855 Hospital Drive, Ste. 102 Maple Grove, MN 55369 (763) 581-5900

#### **North Memorial Health Podiatry**

3300 Oakdale Ave. N Robbinsdale, MN 55422 (**763**) **581-5880** 

#### Endocrinology

#### **North Memorial Health Endocrinology**

Minnetonka Medical Center 15450 Highway 7, Ste. 100 Minnetonka, MN 55345 (763) 581-8900

#### North Memorial Health Clinic - Blaine

11855 Ulysses St. NE Blaine, MN 55449 (**763**) **581-0555** 

#### Pre-diabetes

(see page 40 for nutrition counseling)

#### North Memorial Health Clinic - Brooklyn Center

5615 Xerxes Ave. N, Suite D Brooklyn Center, MN 55430

#### North Memorial Health Clinic - Camden

4209 Webber Pkwy. Minneapolis, MN 55412

#### North Memorial Health Clinic - Golden Valley

8301 Golden Valley Road, Ste. 100 Golden Valley, MN 55427

#### **North Memorial Health Specialty Center - Robbinsdale**

3435 West Broadway Ave. Robbinsdale, MN 55422

#### Contact us:

To schedule a nutrition counseling appointment at any North Memorial Health location, call **(763) 581-5850**.

#### Care Team:

northmemorial.com/specialty/diabetes-endocrinology

### Ear, Nose & Throat

North Memorial Health partners with leading ENT specialty groups to provide diagnostic and treatment services of ear, nose and throat conditions. Experienced otolaryngologists and audiologists address specialized needs, including balance disorders, hearing issues, pediatric and adult ear infections, sleep disorders and more.

#### **Conditions Treated**

- Allergies
- Cancers of the ears, nose, mouth, throat, face or neck
- · Difficulty swallowing or breathing
- Far disorders
- Head and neck disorders
- Injuries of the nose, face and jaw
- Loss of hearing, dizziness and ringing in the ears
- Mouth, nose and sinus disorders
- Nosebleeds
- Pediatric ear, nose and throat conditions
- Sleep disorders
- Voice and throat disorders

#### **Services**

- Audiology
- Cosmetic reconstruction of the nose, face or neck
- Ear surgery
- Head and neck surgery
- Hearing aids
- Nose surgery
- Throat surgery

#### Locations

#### **ENT Specialty Care of Minnesota - Minnetonka**

Minnetonka Medical Center 15450 Highway 7, Ste. 225 Minnetonka, MN 55345

(763) 581-5196

#### Oakdale ENT - Maple Grove

9825 Hospital Drive, Ste. 203 Maple Grove, MN 55369 (**763**) **233-5755** 

#### Oakdale ENT - Plymouth

2855 Campus Drive, Ste. 630 Plymouth, MN 55441 (**763**) **233-5755** 

#### Oakdale ENT - Robbinsdale

3366 Oakdale Ave. N, Ste. 150 Robbinsdale, MN 55422 (763) 233-5755

For a list of surgery locations, see page 59.

For a list of Maple Grove Hospital partner clinics in otolaryngology surgery, see **page 68**.

#### Care Team:

northmemorial.com/specialty/ear-nose-throat

### **Emergency Care**

#### **North Memorial Health Hospital**

With the support of our Level I Adult Trauma Center and Level II Pediatric Trauma Center, the North Memorial Health Hospital emergency department treats more than 75,000 customers each year.

Our board-certified emergency physicians and experienced emergency department nurses care for a broad range of customers, from acute cardiac to stroke, sepsis, trauma care and neonatal resuscitation for both local and out-state customers.

In addition, gynecologic emergencies are evaluated and managed by North Memorial Health Laborists who are on-site 24/7. All emergency customers are seen by emergency physicians and consultations are obtained as needed.

#### **Services**

- Cardiovascular surgery ICU
- Dedicated trauma neuro surgical ICU specializing in the care of injured customers
- Emergency behavioral medicine (see Mental Health Services on page 32)
- In-house general and trauma surgeons 24/7
- In-house surgical critical care 24/7
- Medical ICUs
- NICU
- Pulmonary critical care 24/7

#### Location

#### **North Memorial Health Hospital**

3300 Oakdale Ave. N Robbinsdale, MN 55422

Main emergency phone: (763) 581-9700

For emergent and trauma referrals, direct admit and provider-to-provider consult needs:

North Memorial Health Hospital One Call 1-800-230-2413

#### **Maple Grove Hospital**

Expert, compassionate emergency care 24 hours a day, every day of the year. Highly trained, board-certified emergency physicians, specialized nurses and emergency personnel staff the Maple Grove Hospital state-of-the-art Emergency Care Center. In cases of severe trauma, customers will be stabilized and transported via ambulance or helicopter to our Level I Adult Trauma Center.

#### Services

- Emergency behavioral medicine (see Mental Health Services on page 32)
- In-house general surgeons 24/7
- Medical ICU
- NICU
- OB surgical care 24/7

#### Location

#### **Maple Grove Hospital**

9875 Hospital Drive Maple Grove, MN 55369

Main emergency phone: (763) 581-1200

#### Care Team:

northmemorial.com/specialty/emergency-trauma

### Gastroenterology

North Memorial Health has board-certified physician specialists available to provide care for the diagnosis and treatment of a wide range of digestive diseases and concerns.

#### **Conditions Treated**

- Gastroesophageal reflux disease (GERD)
- Gastrointestinal bleeding (GIB)
- Gastrointestinal tumors
- Inflammatory bowel disease (IBD)
- Irritable bowel syndrome (IBS)
- Liver and biliary diseases
- Peptic ulcer disease
- Swallowing disorders

#### **Services**

- 24 hour and Bravo pH monitoring
- Capsule endoscopy
- Colon cancer screening
- Colon rectal surgery
- Colonoscopy
- Endoscopic ultrasound
- ERCP
- Manometry
- PEG-tube placement
- Upper endoscopy

#### **Clinic Locations**

North Memorial Health Specialty Clinic - Robbinsdale Robbinsdale Medical Building 3366 Oakdale Ave. N, Ste. 200 Robbinsdale, MN 55422 (763) 581-5600

Colonoscopy, Gastroenterology

For a list of outpatient procedure locations, see page 59.

For a list of Maple Grove Hospital partner clinics in gastroenterology surgery, see **page 68**.

#### **Care Team**

northmemorial.com/specialty/gastroenterology-digestive-health

### Genetics

The North Memorial Health genetics counseling program provides risk assessment and genetic testing services for families seeking information about their risk for cancer and cardiovascular disease and those with concerns related to childbirth and reproductive planning.

We understand each customer's situation and needs are unique. Our board-certified and licensed genetic counselors assess the likelihood that genetic factors play a role in a family history of cancer and inherited cardiomyopathies and arrhythmias. They also support families through the evaluation of potential fetal anomalies and coordinate care through pregnancy and the post-natal period.

If genetic testing is appropriate, our counselors will discuss the options, coordinate testing and meet with customers in person to review the results.

#### **Cancer Services**

- Annual genetics follow-up and surveillance programs
- Cancer panel genetic testing
- · Genetic testing services
- Risk assessment

#### **Cardiac Services**

- Cardiac risk assessment from family and medical history information
- Education about the benefits and limitations of cardiac genetic testing
- Identification, referral and testing of at-risk family members
- Interpretation of genetic tests and disclosure of results
- Psychosocial counseling surrounding issues related to inherited cardiovascular diseases

#### **Maternal Fetal Medicine Services**

- Counseling to promote informed choices and adaptation to the risk or condition
- Education about inheritance, testing, management, prevention, resources and research
- Interpretation of family and medical histories to assess the chance of disease occurrence or recurrence
- Phone consultation for providers regarding genetics questions

#### **Locations**

#### **North Memorial Health Cancer Center**

3435 W Broadway Ave., Ste 1135 Robbinsdale, MN 55422

Main: (763) 581-2800

Appointments: (763) 581-2922

#### North Memorial Health Cancer Clinic - Maple Grove

9825 Hospital Drive, Ste. 10 Maple Grove, MN 55369 **Main: (763) 581-2820** 

Appointments: (763) 581-2922

### North Memorial Health Heart & Vascular Clinic - Maple Grove

9825 Hospital Drive, Ste. 200 Maple Grove, MN 55369

(763) 581-5400

### North Memorial Health Maternal Fetal Medicine Clinic - Maple Grove

Maple Grove Medical Center 9855 Hospital Drive Maple Grove, MN 55369

(763) 581-5140

#### North Memorial Health Maternal Fetal Medicine Clinic - Robbinsdale

3300 Oakdale Ave. N

Robbinsdale, MN 55422

(763) 581-5140

### **Geriatric Services**

North Memorial Health supports our aging customers to help improve their well-being and quality of life. Our experienced geriatric team works with individuals and their families to give seniors the best possible healthcare in long-term care, transitional care, assisted living, independent living and hospice settings.

#### Services

- Advance care planning
- · Care planning disease management
- Dietary education
- Dilerium education
- Discharge planning
- Joint injections
- Lab and imaging
- Medical alert service
- Medication review
- Palliative care
- Podiatry
- Simple wound care
- · Skin infection care
- Social services

#### Contact us:

For more information, call (763) 581-5678.

North Memorial Health Connect is a medical alert service that provides products that call for help when someone has an injury, medical event or safety issue. North Memorial Health Connect offers cellular, GPS and landline-based services and serves customers who are at risk for falls, diabetic customers who can't feel their feet or legs and customers with COPD and heart conditions.

For more information, call **(763) 581-3911** or email **connect@northmemorial.com**.

#### **Locations - TotalCare For Seniors**

**Annandale Health & Community** (AL/IL) 500 Park St. E, Annandale, MN 55302 **(320) 274-3554** 

**Centennial Villa Assisted Living** (AL/IL) 500 Park Street E, Annandale, MN 55302 **(320) 274-1331** 

**Colonial Acres Health Center** (TCU/LTC/AL/IL) 5825 St. Croix Ave., Golden Valley, MN 55422 **(763) 544-1555** 

**Good Samaritan Society - Ambassador** (TCU/LTC/AL/IL) 8100 Medicine Lake Road, New Hope, MN 55427 **(763) 544-4171** 

Maranatha, Brooklyn Center (LTC) 5401 69th Ave. N, Brooklyn Center, MN 55429 (763) 549-9600

**St. Therese, New Hope** (TCU/LTC/AL/IL) 8000 Bass Lake Road, New Hope, MN 55428 **(763) 531-5000** 

**St. Therese - Oxbow Brooklyn Park** (TCU/LTC/AL/IL) 5200 Oakgrove Pkwy., Brooklyn Park, MN 55443 **(763) 493-7000** 

**The Birches at Trillium Woods** (TCU/LTC/AL/IL) 14585 59th Ave. N, Plymouth, MN 55446 **(763) 744-9452** or **(763) 402-2677** 

**The Villa at Osseo** (TCU/LTC) 501 2nd St. SE, Osseo, MN 55369 **(763) 425-3939** 

Transitional Care by St. Therese (TCU) North Memorial Health Hospital 3300 Oakdale Ave. N, 4th Floor Robbinsdale, MN 55422 (763) 581-8469

AL: Assisted living
IL: Independent living
TCU: Transitional care unit
LTC: Long term care

### **Gynecologic Surgery**

North Memorial Health offers the latest treatments and procedures to address a woman's diverse needs throughout the various phases of life. Our gynecological surgical care includes minimally invasive surgical procedures using standard laparoscopy and the da Vinci® Xi Surgical System when appropriate.

#### **Services**

- Anterior and posterior enterocele repair
- Bartholin's cyst marsupialization
- Cold cervical conization
- Colpocleisis
- Colposcopy
- Cystoscopy
- Diagnostic laparoscopy
- Dilatation and curettage
- Ectopic pregnancy pelviscopy
- Endometrial biopsy
- Examination under anesthesia
- Excision of lesions and cysts
- Exploratory laparotomy
- Fallopian tube laparoscopy and dye test
- Hymenotomy
- Hysteroscopic endometrial ablation
- Hysteroscopy dilatation and curettage
- InterStim placement and removal
- Labiaplasty
- Laparoscopic sacrocolpopexy
- Laparoscopic total hysterectomy
- Laparotomy
- Open oophorectomy
- Operative pelviscopy
- Postpartum tubal ligation
- Shirodkar cerclage (McDonald procedure)
- Suction curettage

- Trachelectomy
- Urethral bulking
- Urethropexy with and without cystoscopy
- Uterine laparoscopic myomectomy
- Uterine open myomectomy
- · Vaginal vault repair
- Vulvar and vaginal biopsy

#### Locations

North Clinic - Maple Grove 9825 Hospital Drive, Ste. 300 Maple Grove, MN 55369 (763) 587-7900

North Clinic - Robbinsdale 3366 Oakdale Ave. N, Ste. 215 Robbinsdale, MN 55422 (763) 587-7900

**Oakdale ObGyn - Crystal** 5700 Bottineau Blvd., Ste. 210 Crystal, MN 55429 **(763) 587-7000** 

Oakdale ObGyn - Maple Grove 9825 Hospital Drive, Ste. 205 Maple Grove, MN 55369 (763) 587-7000

Oakdale ObGyn - Plymouth 15535 34th Ave. N, Ste. 200 Plymouth, MN 55447 (763) 587-7000

For a full list of Maple Grove Hospital partner clinics in gynecologic surgery, see **page 68**.

### **Hearing Loss**

North Memorial Health identifies and treats hearing problems and provides hearing health screenings free of charge for all customers. Customers should be tested for hearing loss if:

- They are asking people to repeat themselves
- Conversations in noisy places are hard to follow
- It seems like people are mumbling
- They have trouble hearing on the telephone

#### Locations

North Memorial Health Clinic - Blaine 11855 Ulysses St. NE Blaine, MN 55449 (763) 581-0555

North Memorial Health Clinic - Fridley 480 Osborne Road NE Fridley, MN 55432 (763) 581-0600

North Memorial Health Clinic - Roseville 1835 West County Road C Roseville, MN 55113 (763) 581-0340

### Heart & Vascular

North Memorial Health Heart & Vascular provides comprehensive care across a broad range of accredited diagnostic, rehabilitative and comprehensive care programs, led by top-rated cardiologists and cardiothoracic surgeons.

North Memorial Health is the first hospital in Minnesota to receive full Heart Failure Accreditation from the American College of Cardiology for excellence in the care and management of heart failure, and the first and only hospital in Minnesota (eighth nationwide) to earn Chest Pain Center (CPC) with Primary PCI accreditation. We're the only hospital to have both accreditations.

#### **Services**

#### **Cardiovascular Clinic Services**

- Anticoagulation management
- Cardiac wellness and prevention
- Cardiologist consultations
- Congestive heart failure treatment
- Genetic testing
- Heart rhythm management
- Lipid management
- Pacemaker and defibrillator device management
- Peripheral artery disease diagnosis and treatment
- Varicose vein and spider vein diagnosis and treatment

#### **Advanced Diagnostic Imaging Services**

- Cardiac CT angiography
- Cardiac MRI
- Echocardiography
- Nuclear cardiology
- Stress testing
- Vascular ultrasound

#### **Complex Heart Procedures & Interventional Services**

- Angioplasty and coronary artery stent placement
- Atrial septal defect (ASD) and patent foramen ovale (PFO) closure
- Cardiac electrophysiology and ablation
- Emergency heart attack care (Heart Team STAT)
- Heart catheterization
- Implantable cardiac defibrillators
- · Left atrial appendage closure device placement
- Pacemaker implants
- · Peripheral angioplasty and stents
- Transcatheter Aortic Valve Replacement (TAVR)

#### **Inpatient Cardiac Services**

- Cardiac surgery CABG, carotid surgery, AAA, complex aortic repairs
- Cardiothoracic surgery
- Cardiovascular critical care
- Surgical and Trans-femoral aortic valve replacement (SAVR and TAVR)

#### **Lifestyle Management Services**

- Cardiac rehabilitation
- Risk modification (nutrition counseling and behavior management)





## Heart & Vascular (continued)

#### **Peripheral Artery Disease Treatment**

Peripheral artery disease (PAD) is narrow, weak or blocked arteries outside of the heart and brain. PAD is usually the result of a buildup of fat and cholesterol, also called plague, along the artery walls. North Memorial Health offers treatment for PAD to help reduce the risk of a heart attack, stroke or amputation including:

- Angioplasty
- Antiplatelet medicine
- Bypass surgery
- Exercise rehabilitation

#### **Vein Program\***

North Memorial Health offers vascular ultrasound screening for customers experiencing symptomatic varicose veins or venous insufficiency. If treatment is recommended, our intervention cardiologists use the latest technology and a variety of treatment options for quick relief without surgery including:

- Contrast venography
- Endovenous Laser Treatment (EVLT)
- Microphlebectomy
- Plethysmography
- Sclerotherapy
- Ultrasound screening
- VenaSeal<sup>™</sup> closure system
- Venous duplex imaging

#### Locations

#### North Memorial Health Clinic - Fridley

480 Osborne Road NE Fridlev. MN 55432

#### North Memorial Health Clinic - Roseville

1835 West County Road C Roseville, MN 55113

#### North Memorial Health Heart & Vascular Clinic -**Buffalo**

1700 Highway 25 N Buffalo, MN 55313

#### North Memorial Health Heart & Vascular Clinic -**Maple Grove**

9825 Hospital Drive, Ste. 200 Maple Grove, MN 55369

#### North Memorial Health Heart & Vascular Clinic -Minnetonka

15450 Highway 7, Ste. 225 Minnetonka, MN 55345

#### North Memorial Health Heart & Vascular Clinic -Monticello

1001 Hart Blvd., Ste. 150 Monticello, MN 55362

#### North Memorial Health Heart & Vascular Center -Robbinsdale

3300 Oakdale Ave. N. Ste. 200 Robbinsdale, MN 55422

#### Contact us:

For more information, call **(763) 581-5400**.

To schedule an appointment at any location, call (763) 581-5402.

#### Care Team:

northmemorial.com/specialty/heart-vascular

<sup>\*</sup>Available at our Maple Grove, Minnetonka and Robbinsdale locations.

### Hospice

North Memorial Health Hospice provides comprehensive, end-of-life care that is tailored to customers' specific needs and wants and includes physical, emotional and spiritual support. We also help with relationships, supplies, medication and caregiver education.

Our hospice program ranks above national benchmarks related to overall care and willingness to recommend our care to others.

#### **Services**

- Access to care 24/7
- Advance care planning assistance
- Animal assisted therapy
- Dietary counseling
- · Education about death and dying
- Emotional and relational support
- Funeral service planning
- Grief counseling and support groups
- Home health aides
- Homemaking
- Music therapy
- Personal emergency response systems (see page 19 for North Memorial Health Connect)
- Physical, occupational and speech therapy
- Skilled nursing
- Social services
- Spiritual care
- Symptom management
- Volunteer support

#### **Care Team:**

northmemorial.com/specialty/hospice

#### Contact us:

Main Phone: **(763) 581-8181** Fax (Intake): **(763) 581-9341** 

### **Imaging Services**

At North Memorial Health, our referring physicians and customers have access to inpatient radiology services 24/7. We have the latest technology and accredited imaging modalities including the 640-slice CT and 3-Tesla MRI, as well as accredited CT, MRI, ultrasound, nuclear medicine and PET CT modalities. All North Memorial Health Clinics also have X-ray capabilities.

Our team members have the highest accreditations possible and are registered through the American Registry of Radiologic Technologists (ARRT), American Registry of Diagnostic Medical Sonography (ARDMS) and/or Nuclear Medicine Technology Certification Board (NMTCB).

Inpatient & Outpatient	MRI	СТ	Pain Injections	DEXA	Ultra- sound	Mammo	Diagnostic Mammo/US/ Breast Biopsy	Nuclear Medicine	PET/ CT	I.R.
Maple Grove										
Maple Grove Hospital	X	X	X		X			X		X
Robbinsdale										
North Memorial Health Hospital	X	X	X		X			X		X

Outpatient	MRI	СТ	Pain Injections	DEXA	Ultra- sound	Mammo	Diagnostic Mammo/US/ Breast Biopsy	Nuclear Medicine	PET/ CT	I.R.
Blaine										
North Memorial Health Clinic - Blaine North				X						
Fridley										
North Memorial Health Clinic - Fridley				X		×				
Maple Grove										
The Breast Center of Maple Grove						X	X			
Imaging Center of Maple Grove	X	X	X	X	X					
Minnetonka										
North Memorial Health Imaging Center - Minnetonka	X	X		X	X	X				
New Hope/Plymouth										
Imaging Center of Plymouth	X	X	X	X	X	X				
North Memorial Health Clinic - New Hope				X						
OpenSided MRI	X									
Robbinsdale										
Breast Center - Robbinsdale Medical Building						X	X			
Specialty Center - Robbinsdale	X	X			X			X	X	
Roseville										
Center for Diagnostic Imaging - Roseville	X	X	X		X	X				

## Imaging Services (continued)

#### Locations

#### Inpatient & Outpatient

#### **Maple Grove Hospital**

9875 Hospital Drive Maple Grove, MN 55369 (763) 581-1330

#### **North Memorial Health Hospital**

3300 Oakdale Ave. N Robbinsdale, MN 55422 (763) 581-9282

#### Outpatient

#### The Breast Center of Maple Grove

Maple Grove Medical Center 9855 Hospital Drive, Ste. 150 Maple Grove, MN 55369

#### (763) 398-6370

#### **Center for Diagnostic Imaging - Roseville**

1835 W County Road C, Ste. 180 Roseville, MN 55113 (952) 541-1840

#### **Imaging Center of Maple Grove**

Maple Grove Medical Center 9855 Hospital Drive, Ste. 150 Maple Grove, MN 55369 (763) 398-4400

#### **Imaging Center of Plymouth**

2800 Campus Drive, Ste. 30 Plymouth, MN 55441 (763) 398-4400

#### North Memorial Health Breast Center -**Robbinsdale Medical Building**

3366 Oakdale Ave N. Ste. LL Robbinsdale, MN 55422 (763) 581-3554

#### Outpatient (continued)

#### **North Memorial Health Clinic - Blaine**

11855 Ulysses St. NE Blaine, MN 55449 (763) 581-0555

#### **North Memorial Health Clinic - Fridley**

480 Osborne Road NE Fridley, MN 55432 (763) 581-0600

#### North Memorial Health Clinic - New Hope

8100 42nd Ave. N New Hope, MN 55427 (612) 361-4474

#### North Memorial Health Imaging Center - Minnetonka

Minnetonka Medical Center 15450 Highway 7, Ste. 100 Minnetonka, MN 55345 (612) 361-4474

#### North Memorial Health Specialty Center - Robbinsdale

3435 W Broadway Ave. Robbinsdale, MN 55422 (763) 581-9282

#### **OpenSided MRI**

36 Nathan Lane N Plymouth, MN 55441 (763) 797-0077

### Infectious Disease

The North Memorial Health Infectious Disease Clinic provides expert diagnosis and treatment of a wide range of infections on both an inpatient and outpatient basis.

#### **Services and Conditions Treated**

- Clostridium difficile infection (C. dif)
  - Recurrent/complicated
  - Fecal microbiota transplant (FMT)
- · General infectious disease consultations
  - Fever of undetermined origin
  - Management of customers requiring intravenous antibiotics
- Hepatitis C virus (HCV)
  - Including treatment of chronic HCV
- HIV services including:
  - Pre- and post-exposure prophylasis (PrEP and PEP)
  - Primary care of HIV+ persons
- Human Papillomavirus:
  - Genital warts
  - Screening and prevention of anal cancer in high risk individuals (high resolution anoscopy)
- Sexually Transmitted Infections (STIs):
  - Chlamydia
  - Gonorrhea
  - Herpes
  - Syphilis
  - Other STIs
- Travel services:
  - Post-travel illness
- Tuberculosis

#### Location

**North Memorial Health Infectious Disease Clinic** 

North Memorial Health Trauma & Specialty Clinic 3300 Oakdale Ave. N, Suite 110 Robbinsdale, MN 55422

(763) 581-8621

#### **Care Team:**

northmemorial.com/specialty/infectious-disease

### **Infusion Services**

North Memorial Health treats a wide range of conditions not effectively managed by oral medications, with infusion therapy.

#### **Oncology & Hematology**

North Memorial Health cancer infusion therapy includes chemotherapy, targeted agents, immunotherapy, iron infusions and more.

#### Locations

North Memorial Health Cancer Center 3435 W Broadway Ave. Robbinsdale, MN 55422 (763) 581-2800

Monticello Cancer Center 1001 Hart Blvd., Ste. 50 Monticello, MN 55362 (763) 271-2800

#### Rheumatology

North Memorial Health rheumatology infusion therapy uses biologic and bisphosphonate therapies to treat lupus, osteoporosis, rheumatoid arthritis and other conditions.

#### Location

North Memorial Health Clinic - Fridley 480 Osborne Road NE Fridley, MN 55432 (763) 581-0600

#### **Additional Infusion Therapy**

North Memorial Health infusion therapy includes iron infusions, hydration, antibiotics, biologic therapies and blood transfusions.

#### Location

North Memorial Health Surgery and Procedure Center - Robbinsdale 3300 Oakdale Ave. N Robbinsdale, MN 55422 (763) 581-3800

### **Laboratory Services**

North Memorial Health provides the highest quality medical testing with record-breaking turnaround times. The state's first fully automated laboratory achieves remarkable results in customer service, quality and customer care, by providing a full-service clinical and anatomical pathology laboratory, cost-effective laboratory services, state-of-the-art instrumentation, automation and testing methodologies, and bi-directional interfaces into the EMR of your choice.

#### **Services**

- Anatomic pathology
- · Clinical chemistry and immunoassay
- Coagulation
- Consultative services
- Genetic testing
- Hematology
- Microbiology
- Special coagulation
- Transfusion services
- Urinalysis

Certifications include the College of American Pathologists (CAP accredited), American Association of Blood Banks (AABB accredited) and Clinical Laboratory Improvement Amendments (CLIA accredited).

#### Contact us:

**Customer Service:** 

Phone: (763) 581-2940 or 1-866-678-5501

Fax: (763) 581-2951

Email: lab.customerservice@northmemorial.com

Billing Specialist:

Phone: **(763) 581-2958**Fax: **(763) 581-2951** 

Email: lab.billing@northmemorial.com

Supply Orders:

Phone: **(763) 581-4079** Fax: **(763) 581-4101** 

Email: steve.nelson@northmemorial.com

### **Maternal Fetal Medicine**

North Memorial Health provides services for high-risk pregnancies including obstetrical care and fetal diagnosis. Our team consists of board-certified maternal fetal medicine physicians from M Health, registered diagnostic medical sonographers, board-certified genetics counselors and specially trained registered nurses.

Our physicians and staff provide medical consultation, counseling and education, diagnostic testing and procedural techniques tailored to the customer's unique health needs.

We partner with referring physicians and work to continue each customer's obstetric care with them whenever possible. We also coordinate care with neonatal experts when needed.

#### **Conditions Treated**

- Alloimmunization
- Complex maternal diseases
  - Cystic fibrosis
  - Diabetes
  - Heart disease
  - Hypertension
  - Infectious diseases
  - Kidney disease
  - Obesity
  - Rheumatologic disorders
- Fetal anomalies
- Fetal growth restriction
- Low or high amniotic fluid volume (oligohydramnios or polyhydramnios)
- Multiple gestation
- Placental complications
  - Morbidly adherent placenta
  - Placenta previa
  - Vasa previa
- Preeclampsia
- Previous obstetric problems
  - Cervical insufficiency
  - Miscarriage or recurrent pregnancy loss
  - Premature rupture of membranes
  - Preterm labor or delivery

#### **Services**

- 4D ultrasound
- Amniocentesis
- Aneuploidy screening (combined First Trimester Nuchal Translucency Screening, Non-invasive prenatal screening, Quad screen)
- Antenatal testing (biophysical profile, non-stress test)
- Doppler
- Fetal echocardiogram
- Genetic consultation
- Obstetric ultrasound
- Preconception consultation

#### Locations

North Memorial Health Maternal Fetal Medicine Clinic - Maple Grove

Maple Grove Medical Center 9855 Hospital Drive Maple Grove, MN 55369 (763) 581-5140

North Memorial Health Maternal Fetal Medicine Clinic - Robbinsdale

3300 Oakdale Ave. N Robbinsdale, MN 55422

(763) 581-5140

#### Care Team:

northmemorial.com/specialty/maternal-fetal-medicine

### Medication Therapy Management

North Memorial Health Medication Therapy Management (MTM) provides specially trained pharmacists to help customers master their medications.

During a face-to-face consultation, the customer and MTM pharmacist develop a care plan that is shared and agreed upon with their provider. The pharmacist will assess prescriptions, herbal supplements, vitamins and over-the-counter medications for medical necessity, effectiveness, safety and adherence.

MTM is an affordable service available to everyone and in most cases is provided at no charge through the customer's health benefit plan. Recommended referrals include:

- Adherence concerns
- Bariatric consultations
- Customers not meeting health goals
  - Asthma
  - COPD
  - Diabetes
  - Hyperlipidemia
  - Hypertension
  - Osteoporosis
- HIV drug interactions
- Inhaler and injectable consultations
- Medication cost consultations
- Medication side effects
- Opioid tapers
- Post hospitalizations
- Renal and hepatic dosing consultations
- Smoking cessation
- Transgender medicine
- Transitions of care

#### Locations

North Memorial Health Clinic - Brooklyn Center 5615 Xerxes Ave. N, Suite D Brooklyn Center. MN 55430

**North Memorial Health Clinic - New Hope** 8100 42nd Ave. N New Hope, MN 55428

North Memorial Health Internal Medicine - Maple Grove 9855 Hospital Drive, Suite 104 Maple Grove, MN 55369

#### **Care Team:**

northmemorial.com/specialty/medication-therapy-management

#### Contact us:

To schedule an appointment or consultation, call **(763) 581-2153**.

### **Mental Health Services**

North Memorial Health provides mental health programming, individual evidence-based psychotherapy and medication management for a broad range of customer needs including depression, anxiety, PTSD, psychosis and other mood disorders. These services are designed to cover the continuum of care from inpatient to outpatient settings and are provided in several service areas throughout North Memorial Health.

North Memorial Health providers have extensive experience in a wide variety of backgrounds, including treatment-resistant mood disorders, psychosis, mind-body integrative medicine, depression, anxiety and post-traumatic stress.

#### Locations

**North Memorial Health Mental Health Services Center** 

3366 Oakdale Ave. N, Ste. 315 Robbinsdale, MN 55422

(763) 581-5372

Chemical Dependency, Neuropsychology, Psychiatry, Psychology

Minneapolis Clinic of Neurology - Golden Valley

4225 Golden Valley Road Golden Valley, MN 55422

(763) 588-0661

Neuropsychology

Minneapolis Clinic of Neurology - Maple Grove

9825 Hospital Drive, Ste. 103 Maple Grove, MN 55369

(763) 302-4114

Neuropsychology

#### Services

- Chronic pain and grief
- Diagnostic assessments
- Emergency behavioral medicine at North Memorial Health Hospital Emergency Room and the Maple Grove Hospital Emergency Care Center
- Individual psychotherapy for, but not limited to:
  - Anxiety
  - Bipolar disorder
  - Depression
  - Personality disorders
  - Post-traumatic stress
  - Psychosis
- Group psychotherapy
- Inpatient Mental Health Unit at North Memorial Health Hospital
- Integrated Behavioral Health in primary care (Blaine, Brooklyn Center, Camden, Minnetonka, New Hope, St. Anthony)
- Intensive Outpatient Programs (IOP)
- Mental Health Center
- Neuropsychological and personality assessments
- Partial Hospital Programs (PHP)
- · Psychiatry and medication management
- Psychology consult for medical and observation floors at North Memorial Health Hospital
- Psychology practicum and intern training

#### Contact us:

Outpatient Mental Health Services, referrals and scheduling: **(763) 581-5372** 

Partial Hospital Program & Intensive Outpatient Program: **(763) 581-5372** 

Program. (763) 561-5372

Neuropsychology & Personality Assessments, referrals and scheduling: **(763) 581-5372** 

Integrated Behavioral Health Services, referrals and scheduling: **(763) 581-5191** 

### **Neonatal Intensive Care**

The North Memorial Health Neonatal Intensive Care Units (NICUs) at North Memorial Health Hospital and Maple Grove Hospital are both Level III NICUs and provide a high level of care for critically ill newborns – from admission through discharge.

Maple Grove Hospital can provide care to newborns who are born as early as 26 weeks of gestation. North Memorial Health Hospital can provide care to babies born as early as 24 weeks of gestation.

#### **Services**

- 24-hour coverage by University of Minnesota Physicians neonatologists
- Advanced respiratory support such as highfrequency ventilation and inhaled nitric oxide, for as long as required
- Breastfeeding education and support from certified lactation specialists
- Comprehensive care for extremely low birth weight infants
- Family-centered developmental care from birth of the critically ill neonate through discharge
- Multidisciplinary services: Social services, PT/OT and speech, lactation consultants, pharmacists, nutritionists and respiratory therapists
- Nearby neonatology follow-up clinic
- Neonatal nurse practitioners on-site 24/7
- Therapeutic hypothermia (body cooling) for hypoxic ischemic encephalopathy

#### Locations

#### **North Memorial Health Hospital**

3300 Oakdale Ave. N Robbinsdale, MN 55422

Main: (763) 581-3750 NICU: (763) 581-8310

#### **Maple Grove Hospital**

9875 Hospital Drive Maple Grove, MN 55369

(763) 581-2219

### Nephrology

North Memorial Health provides care to customers with chronic kidney disease, hypertension, diabetic kidney disease, kidney transplants, end stage renal disease (ESRD) and other kidney related diseases.

For kidney transplant customers, close monitoring and education regarding medications and possible complications helps them return to the most "normal" lifestyle possible. All customers followed by a Kidney Specialist of Minnesota nephrologist before a kidney transplant will transfer care to the Post-Transplant Clinic after their transplant.

The customer will be seen immediately after discharge from the hospital and then continue to be seen and followed in the clinic for as long as they have their transplant.

#### **Services**

- Dietitian consultation
- Hypertension consultation
- · Renal transplant management
- Treatment options program classes

#### Locations

**Kidney Specialists of Minnesota - Brooklyn Center** 6200 Shingle Creek Pkwy., Ste. 250 Brooklyn Center, MN 55430 **(763) 544-0696** 

**Kidney Specialists of Minnesota - Fridley** 480 Osborne Road NW Fridley, MN 55432 **(763) 561-6485** 

**Kidney Specialists of Minnesota - Maple Grove** 9825 Hospital Drive, Ste. 105 Maple Grove, MN 55369 **(763) 561-6485** 

**Kidney Specialists of Minnesota - Roseville** 2085 Rice Street Roseville, MN 55113 **(651) 489-9035** 

### Neurology Overview

North Memorial Health has a wide-ranging network of board-certified specialists including emergency physicians, neurologists, neurosurgeons, intervention radiologists, psychiatrists, neurological psychologists, physical medicine and rehabilitation.

We also have highly experienced clinical staff including pharmacists, case managers, dietitians, speech pathologists, physical therapists, occupational therapists and neurology-trained registered nurses. We are always ready to aid customers in need of neurological care, with 24/7 CT and MRI scans, neurosurgery and neuroendovascular services.

#### **Conditions Treated**

- Aphasia (see page 38)
- Balance disorders (see page 9)
- Brain aneurysms
- · Brain cancers
- Depression
- Dizziness
- Dysphagia
- Headaches
- Multiple sclerosis
- Neurology disorders
- Parkinson's disease
- Peripheral nerve tumor
- Rehabilitation recovery
- Seizure disorders
- Spasticity
- Spinal cord injury
- Spinal disc herniation
- Stroke (see page 37)
  - Intracerbral hemorrhage
  - Ischemic stroke
  - Subarachnoid hemorrhage
- Traumatic brain injury

#### **Services**

- Acute inpatient rehabilitation
- Baclofen pump system implantation
- Brain abscess drainage
- Brain biopsy
- · Brain hematoma removal
- Brain tumor removal with microsurgical techniques
- Gamma knife radiosurgery
- Shunt for hydrocephalus
- Spinal fusion and instrumentation for instability
- Spinal stenosis decompression
- Spinal tumor removal
- Transphenoidal removal of pituitary tumors
- Ulnar nerve decompression

## Neurology (continued)

#### Locations

#### Neurology

North Memorial Health Hospital 3300 Oakdale Ave. N Robbinsdale, MN 55442 (763) 581-3650

Minneapolis Clinic of Neurology - Coon Rapids\* 3833 Coon Rapids Blvd. NW, Ste. 100 Coon Rapids, MN 55433 (763) 427-8320

Minneapolis Clinic of Neurology - Golden Valley\* 4225 Golden Valley Road Golden Valley, MN 55422 (763) 588-0661

Minneapolis Clinic of Neurology - Maple Grove\* 9645 Grove Circle N, Ste. 100 Maple Grove, MN 55369 (763) 302-4114

#### Neurosurgery

**KIM Neurosurgery, PLLC** 5500 Wayzata Blvd., Ste. 1055 Golden Valley, MN 55416 **(763) 542-8888** 

Metropolitan Neurosurgery, P.A. 11850 Blackfoot St. NW, Ste. 490 Coon Rapids, MN 55433 (763) 427-1137

#### **Care Team:**

northmemorial.com/specialty/brain-neurology

<sup>\*</sup>includes pediatric services

### Neurology

### Comprehensive Stroke Program

The North Memorial Health Neurology Comprehensive Stroke Program offers clinical care from diagnosis, treatment and hospital care, to customer and family education and support.

Our Comprehensive Stroke Program is certified at the highest level of accreditation by Det Norske Veritas (DNV), and ranks as one of the best comprehensive stroke centers in the nation. Since 2012, we have been recognized with the Gold Plus, Elite Plus Achievement Award from the American Stroke Association.

#### **Services**

- · Acute inpatient rehabilitation unit, CARF certified
- Customer and community education about stroke risks and lifestyle changes to prevent strokes
- Inpatient and outpatient support and education groups for stroke survivors and their families
- Intensive Aphasia Program
- · Mental health and addiction services
- Resource center that provides stroke education and support
- Serving hospitals in greater Minnesota, including TeleStroke
- Spasticity program with treatment options including oral medications, rehabilitation therapy, Chemo Denervation Therapy (Botox and other similar medications) and Intrathecal Baclofen Therapy/IBT

#### Location

North Memorial Health Comprehensive Stroke Clinic 3300 Oakdale Ave. N Robbinsdale, MN 55422 (763) 581-3650

#### **TeleStroke**

Through the TeleStroke program, customers and care teams around the state are able to get real-time, face-to-face consults or medical record reviews from board-certified, U.S.-based specialty physicians:

(763) 581-3650

#### Contact us:

For emergent and trauma referrals, direct admit and provider-to-provider consult needs:

North Memorial Health Hospital One Call 1-800-230-2413

### Neurology Intensive Aphasia Program

North Memorial Health leads the way in stroke recovery. Our Intensive Aphasia Program (IAP) is an innovative outpatient program that includes many hours of intense therapy over the course of three weeks. It is one of only six IAP programs in the United States and the first in the region.

In this innovative program, customers participate in treatment sessions for three and a half hours a day, five days a week. After four weeks of therapy, they achieve an average gain of 13 percent (as measured by the Western Aphasia Battery) and are able to achieve similar results with repeated participation.

#### **Services**

- Occasional guest speakers and community outings
- One hour of group therapy directed by speech pathologist(s)
- One hour of therapy using computers and/or technologies
- One-on-one therapy with a speech language pathologist
- Thirty minutes of structured communication activities
- Weekly caregiver meetings

#### Location

North Memorial Health Intensive Aphasia Clinic Arbor Lakes Medical Building 12000 Elm Creek Blvd., Ste. 210 Maple Grove, MN 55369

#### Contact us:

For additional information or to submit a program application, call **(763) 581-9100**.

### Neurology Spasticity Clinic

North Memorial Health Spasticity Clinic works with customers affected by this motor disorder. Customer assessment and education are key parts of the program and help determine appropriate treatment options. The North Memorial Health spasticity team works closely with all those involved in providing stroke care, including physicians, nursing and rehabilitation staff.

#### **Services**

- Chemo Denervation Therapy
  - Botox and other similar medications are administered directly into the affected muscle to reduce spasticity
- Intrathecal Baclofen Therapy (IBT)
  - A treatment option that delivers baclofen directly to the central nervous system via the spinal canal using an implanted pump and catheter
- Oral medications
- Pump regulation
- · Rehabilitation therapy
  - Occupational, speech and physical therapies including stretching and exercises
- · Screening and assessment

#### Location

**North Memorial Health Spasticity Clinic** 3300 Oakdale Ave. N Robbinsdale. MN 55422

#### Contact us:

For more information or to schedule a referral or appointment, call **(763) 581-3650**.

### **Nutrition Counseling**

North Memorial Health registered dietitians guide customers toward achieving their goals by providing information, education, materials, support and follow-up. Nutrition counseling is offered to individuals for a variety of non-diabetes medical conditions.

#### **Services**

- Development of a personalized food plan
- Discussion of nutrition labeling, recipe modification, eating away from home, behavior modification and other topics
- Individual assessment of current eating habits
- Ongoing follow up for continuing education, support and encouragement

#### **Conditions Treated**

- Cancer
- Eating disorders
- Excessive weight gain during pregnancy
- Failure to gain weight
- · Failure to thrive
- Food allergies
- Gastrointestinal disease
  - Celiac disease
  - Crohn's disease
  - Dietary fructose intolerance
  - Gastroparesis
  - Irritable bowel syndrome
  - Lactose intolerance
  - Ulcerative colitis
- Gout
- Heart disease
  - Congestive heart failure
  - Elevated cholesterol/hyperlipidemia
  - Stroke
- High blood pressure
- Hypoglycemia
- Kidney insufficiency
- Pre-diabetes, type 1 diabetes, type 2 diabetes, gestational diabetes
- Unintentional weight loss
- Weight management (overweight/obesity)

#### Locations

North Memorial Health Clinic - Blaine

11855 Ulysses St. NE Blaine, MN 55449

North Memorial Health Clinic - Brooklyn Center

5615 Xerxes Ave. N, Suite D Brooklyn Center, MN 55430

North Memorial Health Clinic - Camden

4209 Webber Pkwy. Minneapolis, MN 55412

**North Memorial Health Clinic - Fridley** 

480 Osborne Road NE Fridley, MN 55432

North Memorial Health Clinic - Golden Valley

8301 Golden Valley Road, Ste. 100 Golden Valley, MN 55427

North Memorial Health Specialty Center - Robbinsdale

3435 West Broadway Ave. Robbinsdale, MN 55422

North Memorial Health Clinic - Roseville

1835 West County Road C Roseville, MN 55113

#### Contact us:

To schedule a nutrition counseling appointment, call **(763) 581-5850**.

### **Obstetrics**

At North Memorial Health, our experienced team of providers spans OB/GYNs, family medicine providers, laborists and lactation consultants to offer the full spectrum of obstetric care for women.

The Family Birth Centers at North Memorial Health Hospital and Maple Grove Hospital are committed to helping customers relax, enjoy a safe and healthy delivery, and help them learn how to care for their baby.

#### **Services/Conditions Treated**

- Childbirth education and preparation
- Gestational diabetes
- Gynecological surgery
- · Infertility counseling
- Laboratory testing
- Non-stress test
- · Prenatal, delivery and postpartum care
- Screening for birth defects and fetal chromosome abnormalities
- Ultrasound

Services may vary by location.

#### North Memorial Health Hospital Family Birth Center

#### **Services**

- 24/7 in-house laborists available to respond to any emergent situation
- Aromatherapy
- Baby Friendly certified
- Child Life specialists
- Highly-skilled professionals that will assist women through labor and childbirth in a warm and caring environment
- International board-certified lactation consultants providing breastfeeding education and support
- Level III NICU adjacent to our labor and delivery suites with NICU team available 24/7, 24 weeks or later
- Milk Depot
- Nursery available 24/7
- Quiet delivery rooms equipped with bubble tubs for relaxation during labor
- Rooming in
- Secure environment utilizing an electronic infant security system
- Vaginal Birth After Cesarean (VBAC)

#### Location

#### **North Memorial Health Hospital**

3300 Oakdale Ave. N Robbinsdale, MN 55422

For birth preferences or labor and delivery unit tours, call **(763) 581-3750**.

#### **North Memorial Health Laborists Associates**

3300 Oakdale Ave. N Robbinsdale, MN 55422 (**763**) **581-8370** 

# Obstetrics (continued)

#### Owned and Affiliated Clinics

#### North Memorial Health Clinic - Blaine 11855 Ulysses St. NE Blaine, MN 55449 (763) 581-0555

#### North Memorial Health Clinic - Camden

4209 Webber Pkwy. Minneapolis, MN 55412 (**763**) **581-5750** 

#### North Memorial Health Clinic - Golden Valley

8301 Golden Valley Road, Ste. 100 Golden Valley, MN 55427 (763) 581-5150

#### North Memorial Health Clinic - Maple Grove

9855 Hospital Drive, Ste. 102 Maple Grove, MN 55369 (763) 581-5900

#### North Memorial Health Clinic - New Hope

8100 42nd Ave. N New Hope, MN 55428 (**763**) **581-5700** 

#### North Memorial Health Clinic - St. Anthony

2600 39th Ave. NE St. Anthony, MN 55421 (763) 581-5500

#### **North Clinic - Maple Grove**

9825 Hospital Drive, Ste. 300 Maple Grove, MN 55369 (763) 587-7900

#### **North Clinic - Robbinsdale**

3366 Oakdale Ave. N, Ste. 215 Robbinsdale, MN 55422 (**763**) **587-7999** 

#### **Maple Grove Hospital Family Birth Center**

#### **Services**

- 24/7 in-house OB available to respond to any emergent situation
- Baby Friendly certified
- Child Life specialists
- Integrated therapies
  - Adaptive yoga
  - Aromatherapy
  - Guided imagery
  - Healing touch
  - Massage
  - Mindful breathing
- Grief and loss program
- Highly skilled professionals that assist women through labor and childbirth in a warm and caring environment
- International board-certified lactation consultants providing breastfeeding education and support
- Level III NICU adjacent to our labor and delivery suites with NICU team available 24/7, 26 weeks or later
- Nurse midwives
- Nursery available 24/7
- Option of a paid-service in-room massage after birth
- Quiet and spacious delivery suites equipped with bubble tubs for relaxation during labor
- Rooming in
- Secure environment utilizing an electronic infant security system
- Vaginal Birth After Cesarean (VBAC)

#### Location

#### **Maple Grove Hospital**

9875 Hospital Dr. Maple Grove, MN 55369

For questions regarding birth preferences or services, call **(763) 581-2219**.

For Family Birth Center tours, call **(763) 581-1003**. For information about classes, call **(763) 581-1808**.

# Obstetrics (continued)

#### **Partner Clinics**

#### Clinic Sofia OBGYN, PA

15679 Grove Circle N Maple Grove, MN 55369 (952) 922-7600

#### **Fairview Clinics - Maple Grove**

14500 99th Ave. N Maple Grove, MN 55369 (**763**) **898-1000** 

#### **North Clinic - Maple Grove**

9825 Hospital Drive, Ste. 300 Maple Grove, MN 55369 (**763**) **587-7900** 

#### **North Clinic - Plymouth**

15655 37th Ave. N, Ste. 100 Plymouth, MN 55446 (763) 587-7900

#### **North Clinic - Robbinsdale**

3366 Oakdale Ave. N Robbinsdale, MN 55422 (**763**) **587-7999** 

#### **Northwest Family Clinics - Plymouth**

1495 County Road 101 N Plymouth, MN 55447 (**763**) **504-6600** 

#### Oakdale ObGyn - Blaine

Blaine Medical Center 11855 Ulysses Street NE, Ste. 210 Blaine, MN 55434 (763) 587-7000

#### Oakdale ObGyn - Crystal

5700 Bottineau Blvd., Ste. 210 Crystal, MN 55429 (**763**) **587-7000** 

#### Oakdale ObGyn - Maple Grove

9825 Hospital Drive, Ste. 205 Maple Grove, MN 55369 (**763**) **587-7000** 

#### Oakdale ObGyn - Plymouth

15535 34th Ave. N, Ste. 200 Plymouth, MN 55447 (**763**) **587-7000** 

#### **Obstetrics, Gynecology and Infertility (OGI)**

9550 Upland Lane N, Ste. 230 Maple Grove, MN 55369 (**763**) **255-3400** 

#### Park Nicollet Clinic - Maple Grove

9855 Hospital Drive, Ste. 275 Maple Grove, MN 55369 (952) 993-3282

### **Oncology & Hematology**

The North Memorial Health Oncology and Hematology healthcare team includes nationally recognized oncologists/hematologists, supported by a dedicated team of nurse practitioners, pharmacists and registered nurses.

Surrounded by advanced technologies and treatment regimens as well as cancer genetics, research, support groups and education, we offer customers and their families the best in cancer care – from screening and early detection, to diagnosis, treatment, on-site pharmacy, private chemotherapy suites and rehabilitation.

#### **Locations**

**North Memorial Health Cancer Center** 

3435 W Broadway Ave. Robbinsdale, MN 55422

(763) 581-2800

Oncology, Radiation Oncology, Hematology

#### North Memorial Health Cancer Clinic - Maple Grove

9825 Hospital Drive, Ste. 10 Maple Grove, MN 55369

(763) 581-2820

Oncology, Hematology

#### **Monticello Cancer Center**

1001 Hart Blvd., Ste. 50 Monticello, MN 55362

(763) 271-2800

Oncology, Radiation Oncology, Hematology

#### **Services**

- Acupuncture
- Aromatherapy
- Chemotherapy
- Clinical trials
- Exercise classes
- Expert surgical services:
  - Oral and maxillofacial surgery (see page 46)
  - Plastic and reconstructive surgery (see page 51)
  - Thoracic surgery and lung cancer program (see page 61)
- Financial support services
- Genetic counseling (see page 18)
- Hematology
- Infusion services
- Massage
- Medical oncology
- Nutrition counseling (see page 40)
- On-site pharmacy (Robbinsdale location only)
- Radiation therapy
- Social work (i.e., helps with meals, transportation)
- Speech therapy intervention for head/neck and chemo brain (see page 55)
- Support groups
- Wellness classes

#### **Care Team:**

northmemorial.com/specialty/cancer-oncology

### Ophthalmology

North Memorial Health offers a range of ophthalmology services allowing us to provide exceptional care for customers of any age, while treating all conditions and offering complete surgical and non-surgical procedural care. We help customers learn the symptoms, triggers, contributing factors and treatment options of their eye condition.

#### **Conditions Treated**

- Amblyopia
- Blocked tear duct and tear duct obstructions
- Cataracts
- Chalazion
- Corneal abrasion symptoms and causes
- Corneal ulcer
- Droopy eyelids
- Dry eye
- Ectropion
- Entropion
- Floaters and flashes
- Fuchs<sup>™</sup> Dystrophy
- Glaucoma
- Keratoconus
- Macular degeneration
- Pseudostrabismus
- Refractive error
- Retinal disorders
- Strabismus (crossed eye)
- Thyroid-associated orbitopathy (TAO)

#### **Services**

- Contact lenses
- Cosmetic and oculoplastics
- · General eve exams
- LASIK
- Optical Northwest Eyewear
- Pediatric
- Raindrop Laser Inlay
- Surgical procedures

#### Locations

Northwest Eye Clinic - Elk River 18157 Carson Court NW, Ste. C Elk River. MN 55330

**Northwest Eye Clinic - Golden Valley** 8501 Golden Valley Road, Ste. 100 Golden Valley, MN 55427

Northwest Eye Clinic - Maple Grove 12000 Elm Creek Blvd., Ste. 100 Maple Grove, MN 55369

Northwest Eye Clinic - Minnetonka 6060 Clearwater Drive, Ste. 150 Minnetonka, MN 55343

**Northwest Eye Clinic - Rogers** 21395 John Miles Drive, Ste. 200 Rogers, MN 55374

**Northwest Eye Clinic - Wayzata** 250 Central Ave. N, Ste. 105 & 107 Wayzata, MN 55391

For more information or to schedule an appointment at any Northwest Eye Clinic, call **(763) 416-7600**.

#### Pediatric Ophthalmology

Northwest Eye Clinic - Maple Grove 12000 Elm Creek Blvd., Ste. 100 Maple Grove, MN 55369 (763) 416-7600

University of Minnesota Pediatric Ophthalmology - Maple Grove

14500 99th Ave. N Maple Grove, MN 55369 (**763**) **898-1220** 

University of Minnesota Pediatric Ophthalmology - Minneapolis

701 25th Ave. S, Floor 3 Minneapolis, MN 55454 (612) 365-8350

For a list of Maple Grove Hospital partner clinics in ophthalmology surgery, see **page 68**.

# Oral & Maxillofacial (Head & Neck) Surgery

North Memorial Health Oral & Maxillofacial (Head & Neck) Surgery provides comprehensive surgical management for customers with pathologic conditions, deformities and traumatic injuries of the head, neck, face and associated structures.

Our program has a strong focus on the treatment of oral cancer, salivary gland disease and reconstructive facial surgery and is the region's only fellowship training program accredited by the Commission on Dental Accreditation.

#### **Conditions Treated**

- Benign and malignant head and neck tumors
- Cleft and craniofacial deformities
- Facial trauma
- Obstructive sleep apnea
- Oral cancer
- Salivary gland disorders
- Temporomandibular joint disorders
- Thyroid cancers

#### **Services**

- Dental implants
- Dentoalveolar surgery
- INSPIRE hypoglossal nerve stimulator for obstructive sleep apnea
- Microvascular free flaps
- Navigational surgery
- Nerve reconstruction
- Obstructive sleep apnea surgery
- Orthognathic surgery
- Reconstructive head and neck surgery
- Robotic surgery
- TMJ reconstruction

#### Location

North Memorial Health Multispecialty Clinic - Robbinsdale

3366 Oakdale Ave. N, Ste. 200 Robbinsdale, MN 55422 (763) 581-5360

#### Care Team:

northmemorial.com/doctor/kademani-deepak northmemorial.com/doctor/patel-ketan

### **Orthopedics & Joint**

North Memorial Health, in partnership with Twin Cities Orthopedics, offers the most advanced treatment and care for a variety of orthopedic conditions and injuries, such as congenital defects and degenerative and inflammatory issues, affecting bones, joints, ligaments, tendons, muscles and nerves.

One of the first in the Twin Cities, our Joint Replacement Centers at North Memorial Health Hospital and Maple Grove Hospital have performed thousands of surgeries and our team of board-certified orthopedic surgeons, nurses and physical therapists specialize in total joint care.

#### **Surgery Services**

- Anterior hip replacements
- Hand surgery
- MRI-assisted total knee replacements
- Orthopedic pelvic surgery
  - Inpatient consultation
  - Management of complex pelvic injuries
  - Orthopedic pelvic specialists 24/7
  - Pelvic surgery
- Pre-operative classes with orthopedic nurse clinician expert
- Reverse total shoulder replacement
- Spine surgery
- Sports medicine surgery
- Total joint replacement
- · Traditional hip, knee and shoulder replacement

#### Locations

Twin Cities Orthopedics - Maple Grove 9630 Grove Circle N, Ste. 200 Maple Grove, MN 55369 includes pediatric services

**Twin Cities Orthopedics - Minnetonka** 15450 Highway 7, Ste. 100 Minnetonka, MN 55345

**Twin Cities Orthopedics - Plymouth** 2855 Campus Drive, Ste. 300 Plymouth, MN 55441

**Twin Cities Orthopedics - Robbinsdale** 3366 Oakdale Ave. N, Ste. 103 Robbinsdale, MN 55422

**Twin Cities Orthopedics - St. Anthony** 2600 39th Ave. NE St. Anthony, MN 55421

For more information or to schedule an appointment with Twin Cities Orthopedics, call **(763) 520-7870**.

For a list of surgery procedure locations, see page 61.

For a list of other Maple Grove Hospital partner clinics in orthopedics and joint surgery, see **page 68**.

#### Care Team:

northmemorial.com/specialty/orthopedics-bones-joints

### Pain Management

North Memorial Health board-certified pain management providers create a highly personalized and consolidated treatment approach to address physical, behavioral and emotional dimensions of their pain. Integration of services is managed across acupuncture, behavioral health, injection therapy, medication management (both opiate and non-narcotic), physical and occupational therapy, spinal cord stimulation, vertebroplasty, kyphoplasty and more.

#### **Services**

- Acupuncture
- · Behavioral health
- Diagnostic interventions
  - Cervical nerve rootblocks
  - Discography
  - Medial branch blocks
- Injection therapy
  - Epidurals
  - Joint injections
  - Radiofrequency ablation
  - Sympathetic blocks
- Medication management (opiate, non-narcotic)
- Physical and occupational therapy
- Spinal cord stimulation
- Vertebroplasty

#### Locations

#### North Memorial Health Pain Management Clinic - Maple Grove

Maple Grove Medical Center 9825 Hospital Way, Ste. 10 Maple Grove, MN 55369

#### North Memorial Health Pain Management Clinic - Minnetonka

Minnetonka Medical Center 15450 Highway 7 Minnetonka, MN 55345

#### North Memorial Health Pain Management Clinic - Robbinsdale

3300 Oakdale Ave. N, Plaza Level Robbinsdale, MN 55422

#### Care Team:

northmemorial.com/specialty/pain-management

#### Contact us:

For additional information or to schedule an appointment, call **(763) 581-3680**.

### **Palliative Care**

North Memorial Health Palliative Care provides customers with relief from the symptoms, pain and stress of serious illnesses in all stages, including those undergoing treatment for curable illnesses, those living with chronic illnesses as well as those nearing the end of life.

Our interdisciplinary team of physicians, advance practice nurses, clinical social workers and chaplains collaborate with customers to give them the best possible quality of life as they receive treatment.

### Palliative care may be helpful for customers with the following illnesses and symptoms:

- Anxiety
- · Breathing problems
- Cancer
- Chronic obstructive pulmonary disease (COPD)
- Constipation
- Dementia
- Depression
- Fatigue
- Heart failure
- Insomnia
- Kidney disease/renal failure
- Multiple, complicated medical problems
- Nausea & vomiting
- Pain
- Stroke

#### **Care Team:**

northmemorial.com/specialty/palliative-care

#### Contact us:

For additional information, call (763) 581-8181.

### **Pediatric Hospital Care**

North Memorial Health's team of pediatricians, specialists and other providers work closely with emergency care physicians, radiologists, neonatologists and primary care providers to ensure that seamless, integrated care is delivered to all pediatric customers (infants, children and adolescents) and families.

#### **North Memorial Health Hospital**

#### **Services/Conditions Treated**

- Care for newborns after delivery
- Diabetes and endocrinology
- Emergency care
- Imaging and lab
- Inpatient pediatric care for children ages 0-18 years old
- Level III NICU
- Level II Pediatric Trauma Center
- Surgical services assistance with inpatient pediatric care

#### Location

#### **North Memorial Health Hospital**

3300 Oakdale Ave. N Robbinsdale, MN 55422

(763) 581-8360

For emergent and trauma referrals, direct admit and provider-to-provider consult needs:

North Memorial Health Hospital One Call

1-800-230-2413

#### **Maple Grove Hospital**

#### **Services/Conditions Treated**

- Care for newborns after delivery
- Emergency care
- Imaging and lab
- Inpatient pediatric care for children ages 0-18 years old
- Level III NICU
- Surgical services assistance with inpatient pediatric care

#### Location

#### **Maple Grove Hospital**

9875 Hospital Drive Maple Grove, MN 55369

(763) 581-4200

For a list of pediatric partner clinics, see page 67.

#### **Additional Pediatric Services**

North Memorial Health also provides care to children in the following areas. For more information about those locations, see the referring page number.

- Allergy see page 7
- Dermatology see page 12
- ENT see page 15
- Gastroenterology see page 17

- Occupational Therapy see page 56
- Ophthalmology see page 45
- Orthopedics see page 47
- Physical Therapy see page 55
- Primary Care see page 65
- Speech Therapy see page 55
- Sports Medicine see page 47
- Surgery see page 59

# Plastic & Reconstructive Surgery

North Memorial Health works with the most comprehensive and accomplished plastic and reconstructive surgeons in the region. From cosmetic procedures to complex reconstructive surgeries, North Memorial Health brings unparalleled expertise to plastic and reconstructive surgical care.

#### **Services**

- Body contouring after weight loss
- Breast augmentation and reduction surgery
- Breast reconstruction after cancer
- Cleft lip and palate repair
- Complex trauma reconstruction
- Cosmetic procedures including liposuction, abdominoplasty, belepharoplasty, facelift, neck lift, rhinoplasty and otoplasty
- Fat-transferring grafting
- Labiaplasty
- Male breast reduction
- Microvascular free flaps
- Microvascular reattachment surgery
- Nerve injury repair, nerve compression and facial palsy correction
- Skin cancer excision and reconstruction

#### Locations

Harrington & Associates Plastic Surgery 2805 Campus Drive, Ste. 485

Plymouth, MN 55441

(651) 290-7600

**Kayan Plastic Surgery** 

15450 Highway 7, Ste. 225 Minnetonka, MN 55345

(612) 756-8008

#### **Kobienia Plastic Surgery**

7450 France Ave. S, Ste. 220 Edina, MN 55435 **(952) 925-1111** 

#### **Landis Plastic Surgery**

2805 Campus Drive, Ste. 335 Plymouth, MN 55441 **(952) 562-5940** 

#### McCue Plastic Surgery, PA - Edina

7373 France Ave., Ste. 510 Edina, MN 55435 **(952) 830-0089** 

#### McCue Plastic Surgery, PA - Maple Grove

9825 Hospital Drive, Ste. 105 Maple Grove, MN 55369 (952) 830-0089

#### **Mesna Plastic Surgery**

7407 Wayzata Blvd. St. Louis Park, MN 55426 (952) 927-4556

#### **Midwest Plastic Surgery PA**

6545 France Ave. S, Ste. 350 Edina, MN 55435 **(952) 920-2600** 

#### **Plastic Surgery Specialists**

7373 France Ave. S, Ste. 510 Edina, MN 55435 **(952) 830-1028** 

For a list of Maple Grove Hospital partner clinics in plastic surgery, see **page 68**.

### **Podiatry**

North Memorial Health podiatrists are experts, from consultation to surgery. We provide a dedicated diabetic foot-wound clinic and are available for convenient care at our clinics as well as 24/7 hospital and emergency care.

#### **Conditions Treated**

- Achilles tendonitis
- Ankle instability and ligament injury
- Arthritis and cartilage injury
- Bunion and hammer toe deformity
- Flat feet
- Foot and ankle pain/sprains
- · Foot and ankle tendinitis
- Fungal or damaged toenails
- Gout
- Heel pain and spurs
- Ingrown toenails
- Neuroma and nerve problems
- Plantar fasciitis
- Shin splints
- Stress fractures

#### **Services**

- Ankle joint replacement
- Diabetic foot care
- Fracture and injury care
- Orthotic and prosthetic bracing
- Plantar wart treatment
- Revisional surgery

#### Contact us:

For more information or to schedule a consultation, call **(763) 581-5880**.

#### Locations

North Memorial Health Clinic - Blaine

North Memorial Health Clinic - Brooklyn Center

North Memorial Health Clinic - Brooklyn Park

North Memorial Health Clinic - Camden

North Memorial Health Clinic - Downtown Minneapolis

North Memorial Health Clinic - Elk River

North Memorial Health Clinic - Golden Valley

North Memorial Health Clinic - Maple Grove

North Memorial Health Clinic - Minnetonka

North Memorial Health Clinic - New Hope

North Memorial Health Clinic - St. Anthony

For clinic location information, please see page 65.

North Memorial Health Podiatry (wound care only)

3300 Oakdale Ave. N Robbinsdale, MN 55422

(763) 581-5880

### **Pulmonary Medicine**

North Memorial Health provides technical expertise focused on helping individuals of all ages. We have more than 50 respiratory therapists throughout the system who work closely with providers to develop and modify care plans in order to provide the best quality care. This includes oxygen therapy, nebulizers, non-invasive ventilation and life support measures. Our team is frequently involved from the emergency department all the way to discharge.

#### **North Memorial Health Hospital**

Our accredited Pulmonary Rehabilitation Program provides monitored exercise, education and support to those with chronic lung conditions. A team of respiratory therapists, dietitians and physicians individualize each customer's treatment plan to meet his/her goals.

#### Services

- Arterial blood gas collection
- Bronchoscopy
- · Evidence-based care
- Mechanical ventilation (inpatient)
- Nitric oxide (NICU)
- Non-invasive ventilation
- Oscillator ventilation (inpatient)
- Oxygen therapy
- Pulmonary function
- Pulmonary rehabilitation
  - Breath retraining
  - Group education sessions
  - Individualized one-to-one exercise sessions
  - Proper use of respiratory medications
  - Self-management skills
  - Support with portable oxygen equipment
- Support high risk pregnancies (inpatient)

#### Location

**North Memorial Health Hospital** 

3300 Oakdale Ave. N Robbinsdale, MN 55422

(763) 581-4290

For referrals, call (763) 581-4297.

#### **Maple Grove Hospital**

Our respiratory therapists empower our customers to improve their specific conditions.

#### **Services**

- Arterial blood gas collection
- Mechanical ventilation
- Nitric oxide (inpatient)
- Nitrous oxide (labor)
- Oxygen therapy
- Sleep apnea screening
- Smoking cessation
- Support high risk pregnancies

#### Location

#### **Maple Grove Hospital**

9875 Hospital Drive Maple Grove, MN 55369 (**763**) **581-4290** 

For referrals, call (763) 581-4297.

For additional pulmonary services:

#### **Respiratory Consultants - Maple Grove**

9825 Hospital Drive Maple Grove, MN 55369 (763) 520-2940

#### **Respiratory Consultants - Robbinsdale**

3366 Oakdale Ave., Ste. 401 Robbinsdale, MN 55422 (**763**) **520-2940** 

### **Rehabilitation Therapy**

#### Acute Inpatient Rehabilitation

Located in North Memorial Health Hospital, our 18-bed unit is often the first place post-stroke or injury customers begin formal rehabilitation. Our team of professionals includes rehabilitation nurses, physical therapists, occupational therapists, speech-language pathologists, neuropsychologists, social workers and interdenominational chaplains.

The program is accredited by the Commission on Accreditation of Rehabilitation Facilities (CARF) and our inpatient rehabilitation services are offered to customers ages 14 or older.

#### **Conditions Treated**

- Brain injury
- Complex orthopedics/amputation
- Medically complex conditions
- Multiple sclerosis
- Multiple trauma
- Spinal cord injury
- Stroke

#### Location

North Memorial Health Hospital 3300 Oakdale Ave. N

Robbinsdale, MN 55422

If you have questions, please contact our rehabilitation evaluator at **(763) 581-8711** regarding our program and admission criteria.

We offer tours prior to admission to familiarize people with the program.

### Rehabilitation Therapy

### (continued)

#### **Outpatient Rehabilitation**

North Memorial Health's Outpatient Rehabilitation Therapy program offers a complete line of services tailored to meet our customers' unique recovery needs, including lymphedema therapy, balance and dizziness therapy, occupational therapy and speech pathology.

#### **Conditions Treated**

- Cleft palate (speech pathology)
- Medically complex conditions
- Multiple trauma
- Neurological diagnoses
  - Brain injury
  - Multiple sclerosis
  - Parkinson's disease
  - Stroke
  - Other neurological disorders

#### **Services**

#### **Physical Therapy**

Exercise programs are individualized and focus on improving the customer's strength, balance, coordination, mobility or endurance.

- Cardiopulmonary issues
- · Care for neurological diagnoses
- Concussion management
- Integration to home environment
- Integumentary complications
- Lymphedema
- Musculoskeletal injuries
- Vestibular/balance issues

#### **Speech Therapy**

Speech pathology professionals evaluate and treat customers who may have conditions that cause difficulty with communication, thinking and swallowing.

In addition, North Memorial Health speech-language pathologists encourage customers to communicate through the skills they have while supplementing with the latest technology, which includes speech output devices, iPads, switches, smartphones, computer software and internet-based applications.

- Brain injury rehabilitation
- Cancer rehabilitation
  - Chemo brain
  - Head and neck cancer
- Concussion management
- Feeding evaluations
- ImPACT concussion assessment/concussion
- Intensive Aphasia Program (see page 38)
- Intensive Cognitive Program
- Management cognition
- Stroke recovery
- Video swallow studies
- Voice assessments (stroboscopy exams)

### **Rehabilitation Therapy**

### (continued)

#### **Occupational Therapy**

North Memorial Health's occupational therapists help customers of all ages relearn or adapt some of the basic life skills that have been impacted due to cognitive or physical impairments.

- Care for neurologic disorders
- Concussion management sensory/vision
- Interactive metronome
- Standardized cognitive assessments
- Teaching customers to relearn or adapt to
  - Home management
  - Leisure time activities
  - Self-care
  - Vocational and occupational skills
- Vision therapy

#### Locations

#### North Memorial Health Rehabilitation Therapy Center

North Memorial Health Hospital 3300 Oakdale Ave. N Robbinsdale, MN 55422

(763) 581-3440

Occupational Therapy, Physical Therapy, Speech Therapy

#### North Memorial Health Rehabilitation Therapy Clinic

Arbor Lakes Medical Building 12000 Elm Creek Blvd., Ste. 210 Maple Grove, MN 55369

(763) 581-9100

Occupational Therapy, Pediatric Occupational Therapy, Physical Therapy, Pediatric Physical Therapy, Speech Therapy, Pediatric Speech Therapy

#### **North Memorial Health Rehabilitation Therapy**

800 Freeport Ave. N, Ste. 102 Elk River, MN 55330 (763) 581-9100

Occupational Therapy, Speech Therapy

#### **Institute of Athletic Medicine**

2344 Energy Park Drive St. Paul, MN 55108 (612) 672-7100

**Physical Therapy** 

### Rheumatology

North Memorial Health diagnoses and treats musculoskeletal disease and autoimmune conditions affecting the joints, muscles and bones causing pain, swelling, stiffness and deformity. A complete medical history and physical exam are performed to look for signs and symptoms of inflammation throughout the entire body and musculoskeletal system. A family history can be very important to diagnosis of rheumatic disease and will also be assessed.

#### **Conditions Treated**

- Autoimmune conditions
- Chronic back pain
- Fibromyalgia
- Gout
- Juvenile idiopathic arthritis (JIA)
- Lupus
- Neuropathy
- Osteoporosis
- Psoriasis
- Psoriatic arthropathy
- Rheumatoid arthritis
- Scleroderma
- Tendonitis
- Uveitis

#### Locations

North Clinic - Maple Grove 9825 Hospital Drive, Ste. 300 Maple Grove, MN 55369 (763) 587-7900

North Clinic - Robbinsdale 3366 Oakdale Ave. N, Ste. 215 Robbinsdale, MN 55422 (763) 587-7999

North Memorial Health Clinic - Fridley 480 Osborne Road NE Fridley, MN 55432 (763) 581-0600

### **Sleep Medicine**

North Memorial Health Sleep Center provides board-certified specialists, with backgrounds in neurology, pulmonology and psychiatry, to evaluate, diagnose and treat all sleep disorders.

North Memorial Health is a Center of Excellence for Inspire Upper Airway Stimulation (UAS) - a new therapy approved by the FDA for treatment of moderate to severe obstructive sleep apnea in individuals who are not able to tolerate positive airway pressure (PAP) therapy.

Our Sleep Center is accredited through the American Academy of Sleep Medicine and offers a full scope of sleep testing, including laboratory-based polysomnography (PSG) and home sleep studies.

#### **Conditions Treated**

- Insomnia
- Narcolepsy and other disorders of excessive daytime sleepiness
- Parasomnias, including nocturnal seizures, sleep walking and other abnormal behaviors during sleep
- Restless legs syndrome and periodic limb movement disorder
- Sleep apnea

#### **Services**

- Clinical support and education
- Complimentary overnight wrist oximetry
- Day study for shift workers
- Follow-up care
- Home sleep studies
- Inspire Upper Airway Stimulation (UAS)
- Maintenance of wakefulness testing
- Multiple sleep latency testing
- Overnight sleep study

#### Location

North Memorial Health Sleep Medicine Clinic 13800 83rd Way N, Ste. 102 Maple Grove, MN 55369 (763) 581-5050

#### **Care Team:**

northmemorial.com/specialty/sleep

### Surgery

From complex trauma surgery to general surgery and same-day procedures, North Memorial Health brings together world-class surgeons and specialists with the expertise, technology and techniques to meet customers' surgical needs.

Our skilled surgical teams perform more than 15,000 inpatient and outpatient surgical procedures a year, and our outcome quality measures are among best in class for customer satisfaction.

#### **Surgery Locations**

#### **Maple Grove Hospital**

9875 Hospital Drive Maple Grove, MN 55369

Main Phone: (763) 581-1300 Scheduling: (763) 581-1330

#### **Minnetonka Ambulatory Surgery Center**

15450 Highway 7 Minnetonka, MN 55345

(763) 581-8950

#### North Memorial Ambulatory Surgery Center at Maple Grove

9855 Hospital Drive Maple Grove, MN 55369

(763) 581-9000

#### **North Memorial Health Hospital**

3300 Oakdale Ave. N Robbinsdale, MN 55422

Main Phone: (763) 581-3996 Scheduling: (763) 581-4990

#### **Robotic Surgery**

By using the da Vinci® System, our surgeons are able to perform precise, minimally invasive procedures with significantly less pain, fewer complications and quicker recovery. North Memorial Health Hospital has the advanced da Vinci® Xi and new da Vinci® X robots, while Maple Grove Hospital has two da Vinci® Si robots.

#### **Surgery Types**

\*robotic surgery services available

#### Bariatric & Metabolic\*

see page 10 for more information

• North Memorial Health Hospital

#### Cardiovascular\*

see page 22 for more information

• North Memorial Health Hospital

#### Colon Rectal\*

see page 17 for more information

- Maple Grove Hospital
- North Memorial Ambulatory Surgery Center at Maple Grove
- North Memorial Health Hospital

#### Ear, Nose & Throat

see page 15 for more information

- Maple Grove Hospital
- Minnetonka Ambulatory Surgery Center
- North Memorial Ambulatory Surgery Center at Maple Grove
- North Memorial Health Hospital

#### **Emergency & Trauma**

see page 16 for more information

• North Memorial Health Hospital

#### Gastroenterology

see page 17 for more information

- Maple Grove Hospital
- Minnetonka Ambulatory Surgery Center
- North Memorial Ambulatory Surgery Center at Maple Grove
- North Memorial Health Hospital



#### General\*

- Maple Grove Hospital
- Minnetonka Ambulatory Surgery Center
- North Memorial Ambulatory Surgery Center at Maple Grove
- North Memorial Health Hospital

North Memorial Health performs procedures for customers needing surgery for weight loss, hernia repair, gallbladder issues, acid reflux and more:

- Adrenalectomy
- Bariatric, Roux-en-Y gastric bypass and sleeve gastrectomy
- · Colon resections for cancer and diverticular disease
- Complex abdominal hernia repair
- Diaphragmatic hernia repair
- Esophagectomy
- Gastric tumor resection (GIST)
- Heller myotomy
- Hiatal hernia repair
- Inguinal hernia (TAPP) repair
- Multiport cholecystectomy
- Nissen fundoplication (reflux surgery)
- Paraesophageal hernia repair
- Right hemicolectomy
- Single site cholecystectomy with firefly
- Splenectomy
- Ventral/incisional hernia repair

#### **Surgery Partners**

**Specialists in General Surgery - Maple Grove** 

9825 Hospital Drive, Ste. 105 Maple Grove, MN 55360 includes pediatrics

**Specialists in General Surgery - Minnetonka** 

15450 Highway 7 Minnetonka, MN 55345

#### **Specialists in General Surgery - Plymouth**

15535 34th Ave. N, Ste. 100 Plymouth, MN 55447

#### **Specialists in General Surgery - Robbinsdale**

3366 Oakdale Ave. N, Ste. 200 Robbinsdale, MN 55422

#### Specialists in General Surgery - St. Anthony

2600 39th Ave. NE St. Anthony, MN 55421

For more information or to schedule an appointment with Specialists in General Surgery, call **(763) 780-6699**.

For a list of other Maple Grove Hospital partner clinics in general surgery, see **page 68**.

#### Gynecologic\*

see page 20 for more information

- Maple Grove Hospital
- Minnetonka Ambulatory Surgery Center
- North Memorial Ambulatory Surgery Center at Maple Grove
- North Memorial Health Hospital

#### Neurosurgery

see page 35 for more information

- North Memorial Ambulatory Surgery Center at Maple Grove
- North Memorial Health Hospital

#### Obstetric

see page 41 for more information

- Maple Grove Hospital
- North Memorial Health Hospital



#### Ophthalmology

see page 45 for more information

- Maple Grove Hospital
- Minnetonka Ambulatory Surgery Center
- North Memorial Health Hospital

#### Oral & Maxillofacial (Head & Neck)\*

see page 46 for more information

- North Memorial Ambulatory Surgery Center at Maple Grove
- North Memorial Health Hospital

#### Orthopedic & Joint

see page 47 for more information

- Maple Grove Hospital
- Minnetonka Ambulatory Surgery Center
- North Memorial Ambulatory Surgery Center at Maple Grove
- North Memorial Health Hospital

#### Plastic & Reconstructive

see page 51 for more information

- Maple Grove Hospital
- Minnetonka Ambulatory Surgery Center
- North Memorial Ambulatory Surgery Center at Maple Grove
- North Memorial Health Hospital

#### **Podiatry**

see page 52 for more information

- Maple Grove Hospital
- Minnetonka Ambulatory Surgery Center
- North Memorial Ambulatory Surgery Center at Maple Grove
- North Memorial Health Hospital

#### Thoracic\*

North Memorial Health Hospital

North Memorial Health offers a full range of thoracic surgical treatment for diseases of the lung, esophagus, pleural space and chest wall. Our multidisciplinary Thoracic Surgery and Lung Cancer Program is designed with the customer in mind, bringing specialists together to provide the most effective care.

#### Services

- Inpatient and outpatient consultation
- Lung nodule program that assists primary care providers in the management of lung nodules
- Minimally invasive surgical techniques for diagnosis and treatment, including EBUS/EUS and thoracoscopy
- Monthly lung cancer support group meetings
- Navigational bronchoscopy to navigate to distal pulmonary lesions for biopsy
- Oncology-certified clinical nurse specialist to help lung cancer customers navigate the challenges of cancer treatment

#### **Urologic**\*

see page 63 for more information

- Maple Grove Hospital
- Minnetonka Ambulatory Surgery Center
- North Memorial Health Hospital

### **Urgent Care Services**

North Memorial Health urgent care and Urgency Centers provide convenient care for non-life threatening conditions, from bronchitis to broken bones, and beyond. Staffed by medical doctors and advance practice providers, each location is equipped with a laboratory on site and can help with the following:

#### **Urgent Care**

- Abdominal pain
- Cough, flu and sinus infection
- Difficult or painful urination
- Dizziness
- Earaches
- EKG and X-ray
- Foreign body removal
- Headache
- Laceration repair
- Minor burns
- Minor eye injuries, infections or irritations
- Muscle aches and pains
- Nebulizer treatment
- Palpitations
- Pediatric illnesses and injuries
- Pneumonia and bronchitis
- Rash and poison ivy
- Sore throats
- Sports injuries
- Sprains, fractures and dislocations
- Strep, influenza, mono, glucose, and HIV & STD testing
- Superficial abscesses
- Tetanus (diphtheria)
- Urinalysis/MicroAnalysis and urine HCG screens
- Urinary tract infection
- Vaccinations
- · Vomiting and diarrhea

#### **Urgency Centers**

Everything urgent care has to offer, plus:

- Expanded laboratory and imaging services including MRI and CT scans\*
- IV rehydration

\*limited CT scan hours at Blaine location

#### Locations

#### North Memorial Health Urgency Center - Blaine

11855 Ulysses Street NE, Ste. 120 Blaine, MN 55434 (**763**) **581-0555** 

Hours: Every day, 8 a.m. - 8 p.m.

#### North Memorial Health Urgency Center - Minnetonka

15450 Highway 7 Minnetonka, MN 55345 (**763**) **581-8900** 

Hours: Every day, 8 a.m. - 8 p.m.

#### North Memorial Health Urgent Care - Elk River

800 Freeport Ave. NW, Ste. 100 Elk River, MN 55330 (**763**) **581-5200** 

**Hours:** Mon - Sat, 8 a.m. - 7 p.m. | Sun, 8 a.m. - 5 p.m.

#### North Memorial Health Urgent Care - Maple Grove

9855 Hospital Drive, Ste. 102 Maple Grove, MN 55369 (763) 581-5800

Hours: Every day, 8 a.m. - 7 p.m.

#### North Memorial Health Urgent Care - Roseville

1835 W County Road C, Ste. 150 Roseville, MN 55113

(763) 581-0340

**Hours:** Mon - Fri, 8 a.m. - 7 p.m.

### Urology

North Memorial Health treats the full spectrum of urologic conditions with the best techniques available. Our physicians pioneered fields such as cryotherapy for prostate cancer, microwave treatments for enlarged prostates and neobladders for bladder cancer. In addition, our urologists were some of the first surgeons in Minnesota to perform the Urolift Implant procedure to treat BPH.

#### **Services/Conditions Treated**

- Adrenal gland and bladder surgery
- Cancer care
- Clinical research
- Cryosurgery
- Hematuria
- · High intensity focused ultrasound
- Infertility
- Kidney stones
- Kidney tumors
- Laparoscopic surgery
- Nephrectomy
- Nutritional supplements
- Pelvic pain
- Prostate and BPH
- Prostatectomy
- Pyeloplasty
- Robotic surgery
- · Sexual health
- · Uterine or vaginal vault prolapse treatment
- Vasectomy

#### Locations

Minnesota Urology PA - St. Anthony 2600 39th Ave. NE St. Anthony, MN 55421 (763) 520-7700

#### **Urology Associates Ltd - Minnetonka**

Minnetonka Medical Center 15450 Highway 7, Ste. 250 Minnetonka, MN 55345 (763) 520-7700

#### **Urology Associates Ltd - Robbinsdale**

3366 Oakdale Ave. N, Ste. 303 Robbinsdale, MN 55422 (763) 520-7700

For a list of Maple Grove Hospital partner clinics in urologic surgery, see **page 68**.

#### **Care Team:**

northmemorial.com/specialty/urology

### Weight Management

There are many contributing factors to obesity - it is not just a result of eating too much or exercising too little. Our providers will carefully review your customer's medical history, consult with them about their weight loss goals and develop a lifestyle plan that makes sense for their body type. Treatment options may include diet and exercise, medication and/or surgery.

#### **Services**

- Bariatric surgery referral (if appropriate)\*
- Body composition analysis
- Lab testing
- Medical history, lifestyle and medication review
- Weight loss medication prescription

For those customers who have tried other weight loss methods, North Memorial Health offers an integrated metabolic and bariatric surgery program that may be a suitable alternative. See **page 10** for more information.

#### Locations

North Memorial Health Clinic - Blaine 11855 Ulysses St. NE Blaine, MN 55449 (763) 581-0555

North Memorial Health Clinic - Fridley 480 Osborne Road NE Fridley, MN 55432 (763) 581-0600

### **Clinic Locations**

#### **Family Medicine & Internal Medicine**

At North Memorial Health Clinics, we treat the whole family - from newborns to seniors. We offer a full spectrum of care for men and women, and our network of clinics brings comprehensive primary care services close to the homes and workplaces of our customers.

#### **Pediatric Care**

North Memorial Health's team of pediatricians, specialists and other providers work closely with emergency care physicians, radiologists, neonatologists and primary care providers to ensure that seamless, integrated care is delivered to all pediatric customers (infants, children and adolescents) and families.

#### **Urgent Care**

North Memorial Health's urgent care locations can help with acute illness, diagnosis, and relief, from headaches and cuts to pneumonia and bronchitis.

#### Locations

North Memorial Health Clinic - Blaine 11855 Ulysses St. NE Blaine, MN 55449 (763) 581-0555

Family Medicine, Pediatrics

North Memorial Health Clinic - Brooklyn Center 5615 Xerxes Ave. N, Ste. D Brooklyn Center, MN 55430 (763) 581-5630

Family Medicine

North Memorial Health Clinic - Brooklyn Park 8559 Edinbrook Pkwy., Ste. 100 Brooklyn Park, MN 55443 (763) 581-5660

Family Medicine

North Memorial Health Clinic - Camden

4209 Webber Pkwy. Minneapolis, MN 55412 (**763**) **581-5750** 

Family Medicine

North Memorial Health Clinic - Downtown Minneapolis

651 Nicollet Ave., Ste. 277 Minneapolis, MN 55402 (763) 581-8060

Family Medicine, Internal Medicine

North Memorial Health Clinic - Elk River

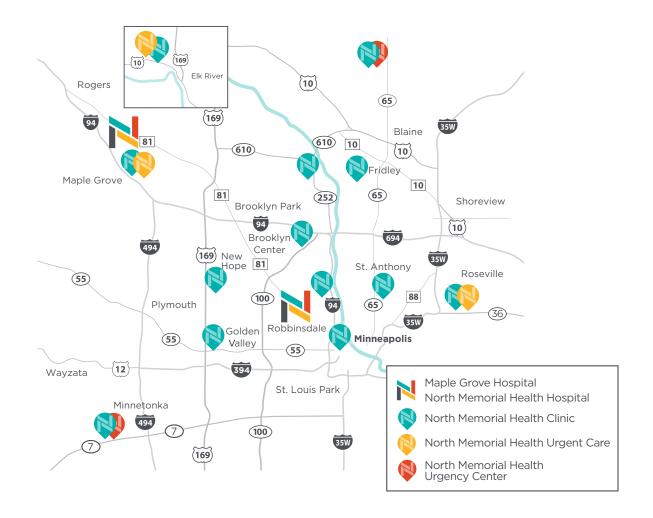
800 Freeport Ave. NW, Ste. 100 Elk River, MN 55330 (**763**) **581-5200** 

Family Medicine, Urgent Care

**North Memorial Health Clinic - Fridley** 

480 Osborne Road NE Fridley, MN 55432 (**763**) **581-0600** 

Family Medicine, Pediatrics



#### North Memorial Health Clinic - Golden Valley

8301 Golden Valley Road, Ste. 100 Golden Valley, MN 55427

(763) 581-5150

Family Medicine

#### North Memorial Health Clinic - Maple Grove

9855 Hospital Drive, Ste. 102 Maple Grove, MN 55369 (763) 581-5800

Family Medicine, Urgent Care

#### North Memorial Health Internal Medicine - Maple Grove

9855 Hospital Drive, Ste. 104 Maple Grove, MN 55369

(763) 581-5900

Internal Medicine

#### North Memorial Health Clinic - Minnetonka

15450 Highway 7, Ste. 100 Minnetonka, MN 55345

(763) 581-8900

Family Medicine, Internal Medicine

#### North Memorial Health Clinic - New Hope

8100 42nd Ave. N New Hope, MN 55428 (763) 581-5700

Family Medicine, Internal Medicine

#### North Memorial Health Clinic - Roseville

1835 W County Road C, Ste. 150 Roseville, MN 55113

(763) 581-0340

Family Medicine, Urgent Care

#### North Memorial Health Clinic - St. Anthony

2600 39th Ave. NE St. Anthony, MN 55421 (763) 581-5500

Family Medicine

#### Contact us:

For more information or to schedule an appointment at any North Memorial Health Clinic, call (763) 581-CARE.

## Clinic Locations (continued)

#### **Maple Grove Hospital Partner Clinics**

#### **Obstetrics**

- Clinic Sofia
   clinicsofia.com
- Fairview Clinics fairview.org
- North Clinic northclinic.com
- Northwest Family Clinics northwestfamilyclinics.com
- Oakdale ObGyn oakdaleobgyn.com
- Obstetrics, Gynecology and Infertility (OGI) obgynmn.com
- Park Nicollet Clinic Maple Grove parknicollet.com

#### **Pediatrics**

- Fairview Clinics fairview.org
- North Clinic northclinic.com
- North Memorial Health Clinic northmemorial.com
- Northwest Family Clinics northwestfamilyclinics.com
- Park Nicollet Clinics parknicollet.com
- Partners in Pediatrics pipstop.com
- South Lake Pediatrics southlakepediatrics.com
- Wayzata Children's Clinics wayzatachildrensclinic.com

#### Surgery

#### Colon Rectal

- North Clinic northclinic.com
- North Memorial Health Gastroenterology northmemorial.com
- Platinum Health LLC paulyakshemd.com

#### General

- Fairview Clinics fairview.org
- Specialists in General Surgery (SIGS) sgsmn.com

#### Gynecologic

- Clinic Sofia clinicsofia.com
- Fairview Clinics fairview.org
- North Clinic northclinic.com
- Oakdale ObGyn oakdaleobgyn.com
- Obstetrics, Gynecology and Infertility (OGI) obgynmn.com
- Park Nicollet Clinic Maple Grove parknicollet.com

## Clinic Locations (continued)

#### Obstetric

- Clinic Sofia clinicsofia.com
- **Fairview Clinics** fairview.org
- **North Clinic** northclinic.com
- Oakdale ObGyn oakdaleobgyn.com
- Obstetrics, Gynecology and Infertility (OGI) obgynmn.com
- Park Nicollet Clinic Maple Grove parknicollet.com

#### Ophthalmology

**University of MN Physicians** umphysicians.org

#### Orthopedic & Joint

- **Fairview Clinics** fairview.org
- Interventional Spine and Pain Physicians, PA ispinepainphysicians.com
- **Minnesota Bone & Joint Specialists** minnesotaboneandjoint.com
- **Summit Orthopedics** summitortho.com
- **Twin Cities Orthopedics** tcomn.com

#### Otolaryngology

- **Fairview Clinics** fairview.org
- MN Ear, Head & Neck Clinic, PA pehni.com
- Oakdale Ear, Nose & Throat oakdaleent.com

#### Plastic & Reconstructive

- **Kayan Plastic Surgery** kayanplasticsurgery.com
- Lokeh Plastic Surgery, PA drlokeh.com
- McCue Plastic Surgery, PA mccueplasticsurgery.com
- **SP Plastic Surgery** sp-plasticsurgery.com

#### **Podiatry**

- **Metro Foot & Ankle** metrofootandankleclinic.com
- **North Memorial Health Podiatry** northmemorial.com

#### Urology

- **Fairview Clinics** fairview.org
- **Urology Associates** mnurology.com

This Guide to Services is your tool for accessing North Memorial Health in the easiest way possible. The guide will be updated regularly, so for the most up-to-date version, visit **northmemorial.com/providerguide**.

If you'd like to order additional copies of the Guide to Services, you can do so on our website at the link listed above.

MEMORIAL HEALTH



3300 Oakdale Ave. N Robbinsdale, MN 55422