Preparing for Surgery During COVID-19

Thank you for choosing North Memorial Health, located at North Memorial Health Hospital or Maple Grove Hospital, for your surgery!

The health and safety of our customers and team members is always our top priority. We are taking extra measures during this COVID-19 pandemic to ensure a safe environment for you and/or your loved one, as well as our team. We are following all current guidelines from the CDC and the Minnesota Department of Health. Additionally, we are asking all customers to follow the steps below to help you better prepare for surgery and avoid the risk of having a delay or cancellation of your surgery.

Prior to Surgery:
• We recommend you self-quarantine in your home for 14 days prior to surgery.
• Five (5) days prior to your surgery, you will need to be tested for COVID-19. Your surgeon/clinic will communicate where you can get the COVID-19 test taken, and your test results will be sent to your primary care provider and communicated to the surgeon.
  — If you test positive for COVID-19, your procedure will be postponed (unless it is emergent) and you will be required to self-quarantine in your home for at least 14 days before being retested.
  — If you test negative for COVID-19, your procedure will proceed accordingly.

Day of Surgery:
• You will also be screened the day-of surgery for COVID-19 symptoms. If symptoms are discovered the day of surgery, it will result in the postponement of your surgery, and you will be asked to return to home and self-quarantine appropriately.
• Visitors are not allowed before, during or after your procedure due to our new COVID-19 visitor guidelines, unless the customer is unable to answer questions themselves. If visitors would like customer care updates, they can leave their phone number with the hospital team where they will be contacted via a call or text.

Please Note:
We have a dedicated team that continues to monitor how COVID-19 is progressing in our community that could impact the status of surgeries; this includes the hospital’s bed capacity being evaluated daily. If a surge of COVID-19 patients occurs in the community that compromises our hospital capacity, it is possible that we will have to postpone your surgery. In this instance, we will contact you directly.

If you have any questions, you can ask your surgeon or the clinic staff. You can also call (763) 581-3790 for North Memorial Health Hospital and (763) 581-1330 for Maple Grove Hospital.

Thank you for your understanding and for trusting us with your care.