

Preparing for Surgery During COVID-19

Thank you for choosing North Memorial Health for your surgery!

The health and safety of our customers and team members is always our top priority. We are taking extra measures during this COVID-19 pandemic to ensure a safe environment for you and/or your loved one, as well as our team. We are following all current guidelines from the CDC and the Minnesota Department of Health.

Additionally, we are asking all customers to **follow the steps below** to help you better prepare for surgery and avoid the risk of having a delay or cancellation of your surgery.

Prior to Surgery:

- **Seven (7) days** prior to your surgery, you will need to be tested for COVID-19. **Following your COVID-19 test, it is strongly recommended that you self-quarantine until your surgery date.** Your surgeon/clinic will communicate where you can get the COVID-19 test taken, and your test results will be sent to your primary care provider and communicated to the surgeon.
 - If you test **positive** for COVID-19, your procedure will be postponed (unless it is emergent) and you will be required to self-quarantine in your home for at least 14 days before being retested.
 - If you test **negative** for COVID-19, your procedure will proceed accordingly.

Day of Surgery:

- You will also be screened the day-of surgery for COVID-19 symptoms. If symptoms are discovered the day of surgery, it will result in the postponement of your surgery, and you will be asked to return to home and self-quarantine appropriately.
- For the health and safety of our customers and team members, we continue to limit visitors in our facilities. Please review our **visitor guidelines** prior to your surgery to learn more.

One healthy family, keeping each other safer:

At North Memorial Health, the wellness and safety of our team members and customers is always our top priority. As a health family, we are doing our part to ensure a safer environment for all, and we are asking everyone to do their part too. This includes masking when on-site, maintaining 6 feet between you and your nearest neighbor, consistently cleaning and disinfecting spaces, and screening everyone for COVID-19 symptoms upon arrival to a North Memorial Health location.

If you have any questions, you can ask your surgeon or the clinic staff. You can also call **(763) 581-3790** for North Memorial Health Hospital and **(763) 581-1330** for Maple Grove Hospital.

Thank you for your understanding and for trusting us with your care.

