

Infectious Disease Precautions

Bringing food to your family or friend.

Our hospital provides high quality, safe, nutritious meals to your loved one. We can provide specialized diets for religious and dietary requirements such as halal, kosher and vegetarian meals as well as specific health needs such as diabetes and food allergies. Our professional dietitians are available to help order foods that fit your loved one's diet.



If given the OK to bring food in, make sure you prepare and transport food safely.

- Wash hands with food preparation.
- Use clean utensils and containers to transport food.
- Keep the food at the right temperature (use a cooler or ice packs).
- Food should be eaten as close to preparation as possible.

Shelf stable foods may be kept in the room.

Examples include items like cookies, crackers or individually wrapped nutrition bars.



You will not have access to a refrigerator, microwave or dishwasher at the hospital.



- Bring only as much food as can be eaten at one time.
- If ordering take out, consider a half order to not overwhelm your loved one with an altered appetite.
- Leftovers will be discarded.
- Perishable foods cannot be left or stored in the room. This is considered an unsafe food practice in hospital settings.



Your loved one should perform hand hygiene before eating.