

COVID-19 Community or Travel Exposure (not at work)

SITUATION: Exposure to COVID-19 in the community or through travel, exposed person is asymptomatic

ACTION: Assess exposure risk (top table) and then take appropriate action (bottom table)

All healthcare workers must take responsibility to not work while ill and to leave work immediately if symptoms develop. It is also critical for all healthcare workers to follow organization's universal masking and eye protection guidelines.

ASSESS EXPOSURE RISK

High risk	Living in the same household as, being an intimate partner of, or providing care in a non-healthcare setting (such as a home) for a person with symptomatic laboratory-confirmed COVID-19 without self-isolation *
	Close contact** with a person with symptomatic laboratory-confirmed COVID-19
Low risk	Being in the same indoor environment (e.g., a classroom, a hospital waiting room) as a person with symptomatic laboratory-confirmed COVID-19 for a prolonged period of time but not meeting the definition of close contact**

***SELF ISOLATION** from household or intimate contact includes the COVID-19 positive person can remain in a designated area AND have a separate bathroom.

****CLOSE CONTACT** = being within 6 feet of a COVID-19 positive person for > 15 minutes cumulative while visiting the COVID positive person OR having unprotected direct contact with infectious secretions of a COVID-19 positive person (i.e. being coughed on or touching used tissues with a bare hand).

TAKE APPROPRIATE ACTION (NMHH, MGH, Blaze clinics and EMS all in critical staffing)

- During critical staffing: Follow grid below

Exposure category	Work restrictions* (high-risk environments)	Social Responsibility	COVID-19 monitoring
High risk Community exposure fully vaccinated	No quarantine	1. Follow universal masking and eye protection policy 2. Diligence in social distancing especially during activities require mask removal such as eating or drinking	1. Active Daily COVID timeout expectations. 2. If symptoms start while at work then immediately inform your manager and remove yourself from direct patient care when possible
High risk Community exposure not vaccinated	Asymptomatic worker can return to work on any unit. If asymptomatic, testing is encouraged at day 7-9.		
Travel	Asymptomatic worker can return work but testing is recommended 3-5 days post travel.		

Change Log:

- 11/17/20 Removed *High risk exposures in the NICU may work while asymptomatic but will need testing 5 days after exposure to rule out asymptomatic disease. Added Asymptomatic worker and return to work on any unit. If asymptomatic testing is encouraged at day 5-7. Updated 'social responsibility' and 'COVID-19 monitoring' section's verbiage.
- 12/15/20 Updated asymptomatic testing to occur at day 7-9
- 3/30/21 Updated 'Take Appropriate Action' table to account for fully vaccinated/not vaccinated / travel exposures, Updated **close contact definition to reference 'visiting'