Supporting Heart and Vascular Care



at North Memorial Health

Heart disease has been the leading cause of death in the U.S. since the 1950s (CDC, 2022). In our Robbinsdale service area alone, heart disease and stroke result in a loss of more than 9,000 years of potential life annually. Our recent Community Needs Assessment showed that over 25% of people in our core service area suffered from hypertension. Even more troubling, hypertension rates were significantly higher among American Indian/Alaska Native and Black (US born) adults, as well as those with low income, lower education levels and self-reported disabilities.

That's why we are committed to expanding our cardiovascular service line.

Since its founding, our team has been a leader in cardiovascular care, not just in Minnesota, but the entire country. North Memorial Health—Robbinsdale Hospital was the first in the state to receive both Heart Failure Accreditation and Chest Pain Center (CPC) with Primary Percutaneous Coronary Intervention (PPCI) Accreditation from the American College of Cardiology. These designations demonstrated our strong commitment to excellence from the very beginning.

Today, North Memorial Health—Robbinsdale Hospital remains a leader in heart health, with emergency heart attack care ranking in the top 5% of hospitals nationwide. Speed is crucial for optimal outcomes; quickly opening blocked arteries with specialized balloons and stents significantly improves patient results. While the national average "door-to-balloon" time is 90 minutes, ours is just 54 minutes. Our focus on minimally invasive approaches helps us achieve the goal of assisting patients in regaining or enhancing their quality of life before their medical incident.

Optimized Care Across the Cardiovascular Continuum

With the expansion of our cardiovascular services, top-rated cardiologists, cardiothoracic surgeons and a full interdisciplinary team will deliver faster, comprehensive care to more patients. This ensures timely access to the right level of care, no matter where patients enter our health system.

Primary Prevention

Healthy lifestyle

- Weight management
- Smoking cessation
- Exercise
- Lipid management
- Routine treatment protocols
- Referral protocols

Outpatient Cardiology

• Timely access to specialists

- Guideline driven testing and treatment
- Comprehensive diagnostic testing

requiring further evaluation and treatment

Complex patients

Sub-specialty

Cardiology

- Cardiac surgery
- Arrhythmias
- Structural heart disease
- Prevention

Emergency Services

• ST-segment

evaluation myocardial infarction (STEMI)

Inpatient and

- Critical limb ischemia
- Aortic dissection
- Abdominal aortic aneurysm
- Specialized inpatient CV care

Advanced Therapies

- Extracorporeal membrane oxygenation (ECMO)
- Trans-catheter aortic valve replacement (TAVR)

Rehabilitation Services

- Personalized education
- Secondary prevention
- Exercise counseling and training
- Tools and support needed for lasting success





How can you help?

The heart is the hardest working organ in our bodies, requiring immediate action when its function is compromised. Our team is dedicated to enhancing cardiovascular care with the goal of expanding to serve more patients promptly. Your philanthropic support will make a critical difference.

Your generosity will allow us to:

✓ Establish a new procedure room and 2 additional cath lab bays

Waiting for care can be stressful and painful as patients deal with symptoms related to their diagnosis. Delays in care increase the risk for bleeding events, stroke and other comorbidities.

When patients can access care more quickly, it improves health outcomes and quality of life. North Memorial Health—Robbinsdale Hospital currently has 4 cath labs that are reaching capacity. By completing construction to convert existing office space into a new procedural room and cath labs, we will be able to care for more patients each day.

✓ Purchase a new dual source CT scanner with updated technology

To accurately diagnosis and treat cardiovascular issues, it's essential for our care team to know exactly what is happening with your heart. Advanced imaging is so important because it allows providers to see the structure of the organ and surrounding blood vessels in a non-invasive way.

Capturing a clear picture of an organ that is constantly pumping and moving can be challenging! More sophisticated dual source CT scan technology would provide two x-ray sources to capture images twice as fast. Therefore, patients will have less radiation exposure and doctors will have clearer images to expedite life-saving care decisions.

✓ Empower patients and our teams through enhanced care and support

Patient outcomes depend upon the knowledge, expertise and tools available to care teams. Your support will help equip our teams with advanced training, innovative technologies and facility upgrades to improve our healing environment.

Most importantly, it will provide comfort measures, essential education and a seamless recovery and rehabilitation experience for patients and their families during a challenging time.

Join us in expanding access to care for all in our community, ensuring cardiovascular patients and their loved ones receive everything they need from prevention to treatment through recovery!

